

## Colchester East Hants Hospice Society - Library Database

last updated March 30, 2022

Category	Title	Author	Date	Publisher	Media	Description
Caregiving	Guide for supporting caregiving families	Basu, Ranjana	2009	Cowichan Family Caregivers	Book	The book will be of use to groups or individuals providing support for family caregivers. It includes unique information on how support circles can help families caring for elderly members and the effective use of support in a First Nations community. <a href="https://www.vcn.bc.ca/bchpc/PDF/Winter_2008_Newsletter.pdf">https://www.vcn.bc.ca/bchpc/PDF/Winter_2008_Newsletter.pdf</a>
Caregiving	Living with grief when illness is prolonged	Doka, Kenneth	1997	Taylor & Francis	book	No description available
Caregiving	Living with dying and dignity: A daughter's journey	Jilks, Jennifer	2008	General Store	Book	A daughter's journey - providing palliative care at home for my late mother and in LTC for my late father. My father succumbed to a brain tumour after exhibiting signs of dementia for 9 months. Having dealt with depression, as a result of my caregiving duties, I decided to share my story with others. Adult daughters bear the brunt of this responsibility, suffer emotionally, physically and financially from providing care for both family and friends. The book contains valuable information about caregiving while working full-time, and includes acronyms and a glossary related to aging, LTC and dying. <a href="http://jilks.com">http://jilks.com</a>
Caregiving	Easing the hurt (4)	Latimer, Elizabeth J.	1998		pamphlet	
Caregiving	Caregiver's Guide: A handbook about end of life care (7)	MacMillan, Karen, et al	2019	The Military and Hospitaller Order of St. Lazarus of Jerusalem	book	A Caregiver's Guide's content builds on the knowledge, practice, insight and invaluable experiences of various seasoned hospice palliative care professionals from across Canada, incorporating their feedback and the lived experiences of supporting caregivers. This handbook provides specific information about planning ahead, preparing to be a caregiver, dealing with a progressive diagnosis, giving physical care, caring for physical problems, what to expect in the final days, and grieving. <a href="https://www.stlazarus.ca/acaregiversguide/">https://www.stlazarus.ca/acaregiversguide/</a>
Caregiving	Caregivers guide for Alzheimers and related diseases, A	McCann-Beranger, Judith	2004	Acorn Press	book	Over 18,000 copies of A Caregiver's Guide are being used by people caring for Alzheimer Disease sufferers. Now, for the first time, a new and revised edition is available to the general public. How to adapt and give declining loved ones the best possible care is at the heart of this practical, user-friendly guide. It defines Alzheimer Disease, describes the diagnosis and stages, outlines treatments, makes safety suggestions, and offers practical tips on communicating, activities, bathing, eating, spirituality, and sexuality. <a href="https://www.amazon.ca/Caregivers-Guide-Alzheimer-Related-Diseases/dp/1894838114">https://www.amazon.ca/Caregivers-Guide-Alzheimer-Related-Diseases/dp/1894838114</a>
Caregiving	Dying declaration: Notes from a hospice volunteer	Resnick, David	2005	Haworth Pastoral Press	book	Death is inevitable in life. It knows no boundaries. It knows no skin color, no financial or social standing. It knows nothing but itself. The paradox of Dying Declarations: Notes from a Hospice Volunteer is in its warm affirmation of life through the 'dying declarations' of patients who are peering into the cold face of death. The author reveals personal experiences about life, death, and the courage to strip away the unimportant aspects of life to make way for a clearer understanding on just what is truly important. Simple, moving stories invigorate and spark insights—while discussing all aspects of hospice volunteering. <a href="https://www.taylorfrancis.com/books/mono/10.4324/9781003063841/dying-declarations-david-resnik">https://www.taylorfrancis.com/books/mono/10.4324/9781003063841/dying-declarations-david-resnik</a>
Caregiving	How did I become my parents' parent?	Sarnoff Schiff, Harriet	1996	Penguin	Book	Real-life anecdotes and step-by-step guidance help readers cope with their changing roles as caretakers for their aging parents, discussing the dynamics of this family role reversal, ways to offer assistance, and ascertaining parental needs. <a href="https://www.amazon.com/How-Did-Become-Parents-Parent/dp/0140237143">https://www.amazon.com/How-Did-Become-Parents-Parent/dp/0140237143</a>
Caregiving	Coping with caregiver worries	Sherman, James	1998	Pathway Books	book	*This dynamite book pinpoints the sources of fear, anxiety, guilt, and depression, and tells why they exist. It outfits caregivers with surefire methods for controlling anxiety, building courage, and maintaining the self-confidence they need to conquer the destructive forces that often accompany and threaten caregiving. This is a no-nonsense manual that will stand up under years of repeated use.
Caregiving	Creative caregiving	Sherman, James	1996	Pathway Books		no description available
Caregiving	Magic of humour in caregiving, The (4)	Sherman, James R	1995	Pathway Books	Book	This book explains the well-established healing benefits of laughter and humor in reducing stress. It shows how playfulness and humor can be used to increase personal effectiveness, promote wellness and lighten the impact of one's caregiving. Citation unavailable
Caregiving	Positive caregiver attitudes (2)	Sherman, James R	1994	Pathway Books	Book	Food for thought -- Positive caregiving -- What causes negative attitudes -- Insecurity -- Common thought distortions -- How to have positive attitudes -- Plan of action -- Available resources <a href="https://archive.org/details/positivecaregive00jame">https://archive.org/details/positivecaregive00jame</a>

Caregiving	Preventing caregiver burnout	Sherman, James R	1994 Pathway Books	Book	no description available
Caregiving	Caring for loved ones at home: An illustrated easy to follow guide to short or long term care (3)	VanBommel, Harry	1999	book	As well as practical skills, <i>Caring for Loved Ones at Home</i> provides caregivers with questions to ask the right people so you can better understand tests, drugs, diagnoses, infections and treatment alternatives. It lists questions to ask when going to the hospital, undergoing surgery and includes a glossary of medical and home care terms. <a href="https://www.goodreads.com/book/show/436853">https://www.goodreads.com/book/show/436853</a>
Caregiving	Family hospice care (2)	VanBommel, Harry	1999	book	Harry van Bommel helped his mother, father and grandfather to live at home until they died. He has helped countless others through his writing, speaking, teaching and one-to-one support turn an end-of-life experience into something to be treasured rather than feared. His detailed suggestions help people take some control of the roller coaster ride of emotions, feelings and experiences. <a href="http://www.legacies.ca/Legacies/Family_Hospice_Care.html">http://www.legacies.ca/Legacies/Family_Hospice_Care.html</a>
Caregiving	Healing your grieving heart when someone you care about has Alzheimers	Wolfelt, Alan & Duvall, Kirby	2011 Companion Press	Book	Navigating the challenging journey that families and friends of Alzheimer's patients must endure, this heartfelt guide reveals how their struggle is as complex and drawn out as the illness itself. Confronting their natural but difficult process of grieving and mourning, this crucial addition to the popular 100 Ideas series covers the inevitable feelings of shock, sadness, anger, guilt, and relief, illustrating the initial reactions people commonly feel from the moment of the dementia's onset. Authors Wolfelt and Duvall suggest healthy and productive ways to acknowledge and express these feelings along with tips and activities that fulfill the emotional, spiritual, cognitive, physical, and social needs of those who care about someone afflicted with this debilitating disease. Special consideration is also shown for caregivers, whose grief is often complicated by the demanding physical attention that patients require. < <a href="https://www.centerforloss.com/bookstore/healing-your-grieving-heart-when-someone-you-care-about-has-alzheimer-s/">https://www.centerforloss.com/bookstore/healing-your-grieving-heart-when-someone-you-care-about-has-alzheimer-s/</a> >
Death of a child/pregnancy loss	Recapturing the joy: A journal for bereaved parents	Anthony, Deborah	2006 Win-Win Publishing	Journal	For the grieving bereaved parent, each of the 10 lessons is comprised of 3 parts ~ the author's personal story around the particular topic, an opportunity to journal to the practical questions provided relative to the lesson topic, and a Pearl of Wisdom which is the thought the user can walk away with and implement into their life. Each lesson offers the opportunity for one to shift their perspective relative to the topic, allowing the reader to begin moving forward. For the non-griever, it allows them to better understand the "new world" of the bereaved parent, and provides information that brings to them the opportunity to learn and have clarity relative to communicating with the griever and bridging the gap between the griever and the "outside world folks". <a href="https://shop.thegrieftoolbox.com/products/recapturing-joy-journal-bereaved-parents#.Ycr9LfHMKT8">https://shop.thegrieftoolbox.com/products/recapturing-joy-journal-bereaved-parents#.Ycr9LfHMKT8</a>
Death of a child/pregnancy loss	When the bough breaks: Forever after the death of a child	Bernstein, Judith R	2002 Andrews McMeel Publishing	Book	Explaining that parents can never get over the loss of a child, a psychologist and bereaved parent offers strategies by which parents can accept and integrate the effects of trauma into their lives. <a href="https://www.goodreads.com/book/show/1189662.When_the_Bough_Breaks">https://www.goodreads.com/book/show/1189662.When_the_Bough_Breaks</a>
Death of a child/pregnancy loss	Pregnancy after a loss	Cirulli, Carol Lanhaml	1999 Berkeley Books	Book	For a woman who has experienced a miscarriage, stillbirth, or the death of an infant, conceiving another child can be fraught with mixed emotions. This guide, filled with up-to-date medical information and written by a woman who herself experienced a successful pregnancy after the loss of her first baby, can help women cope with their anxiety. It offers guidance for women asking such questions as: Why did it happen—and how can I make sure it doesn't happen again? Will my next pregnancy be considered high-risk? How long should I wait before getting pregnant again? What can I expect at prenatal exams? Will I ever be able to love another baby as much as I love the one I lost? Pregnancy after a loss can be a time of great emotional upheaval—but also, a time of healing and hope. With this sensible, sensitive guide, women can put their minds at ease—and learn to look forward to the future as they make peace with the past. <a href="https://books.google.ca/books/about/Pregnancy_After_a_Loss.html?id=xcYKAAACAAJ&amp;source=kp_book_description&amp;redir_esc=y">https://books.google.ca/books/about/Pregnancy_After_a_Loss.html?id=xcYKAAACAAJ&amp;source=kp_book_description&amp;redir_esc=y</a>
Death of a child/pregnancy loss	After miscarriage: Medical facts and emotional support for pregnancy loss	Danielsson, Krissi	2008 The Harvard Common	Book	This is a supportive and comprehensive guide to all of the medical and emotional issues that may accompany miscarriage. Using her personal experience and expertly reviewed and carefully documented medical information, the author advises readers on topics including when to seek testing, how to choose the right doctor, and when to try for another pregnancy. With advice from medical professionals, stories and inspiring messages from couples who have lost a pregnancy, and a chapter just for dads, this book helps readers move forward. <a href="https://www.kobo.com/ww/en/ebook/after-miscarriage-1">https://www.kobo.com/ww/en/ebook/after-miscarriage-1</a>
Death of a child/pregnancy loss	Empty cradle, broken heart: Surviving the death of your baby (2)	Davis Deborah L.	1996 Fulcrum Publishing	book	Deborah Davis, Ph.D., encourages grieving and makes suggestions for coping. Incisive comments from parents who have suffered through the death of a baby convincingly relay this message: "You are not alone and you can survive." <a href="https://www.goodreads.com/en/book/show/5574">https://www.goodreads.com/en/book/show/5574</a>

Death of a child/pregnancy loss	After the death of a child	Finkbeiner, Ann K.	1996 Free Press	Book	The first half of the book discusses the short- and long-term effects of the child's death on the parent's relationships with the outside world, that is, with their spouses, other children, friends, and relatives. The second half of the book details the effect on the parents' internal world: their continuing sense of guilt; their need to place the death in some larger context and their inability sometimes to consistently do so; their new set of priorities; the nature of their bond with the lost child and the subtle and creative ways they have of continuing that bond. <a href="https://www.simonandschuster.com/books/After-the-Death-of-a-Child/Ann-K-Finkbeiner/9781476725703">https://www.simonandschuster.com/books/After-the-Death-of-a-Child/Ann-K-Finkbeiner/9781476725703</a>
Death of a child/pregnancy loss	When a grandchild dies: What to do, what to say, how to cope	Galinsky, Nadine	1999 Gal in Sky Publishing Company	Book	The death of a grandchild is one of life's most heart-wrenching experiences. You not only grief loss that is "out of the order of things," but you see your own child suffering and feel powerless to help. Friends and family are often focused on the feelings of your bereaved child, so your own grief may be misunderstood and minimized. When a Grandchild Dies honors the unique grief of grandparents and includes stories and quotes from those who have experienced such a loss. <a href="https://www.goodreads.com/book/show/20351685-when-a-grandchild-dies">https://www.goodreads.com/book/show/20351685-when-a-grandchild-dies</a>
Death of a child/pregnancy loss	When your baby dies: Through miscarriage or stillbirth	Gamino, Louis A	2002 Augsburg Books	Book	The loss of a baby is one of the most acute losses a person can experience. In this helpful book, the authors address both miscarriage and stillbirth and the grief implications of each. They offer comfort to mothers, fathers, and families who must find ways to recognize their bond with the child who died and then move forward with their lives. <a href="https://www.goodreads.com/book/show/906036.When_Your_Baby_Dies">https://www.goodreads.com/book/show/906036.When_Your_Baby_Dies</a>
Death of a child/pregnancy loss	For bereaved grandparents	Gerner, Margaret H.	1990 Centering Corporation	book	Grief is the normal reaction to a loss. Acutally, we experience grief throughout our lives. A pet dies. A friend moves away. Our children go off to college. We lose a job. We grieve these losses, but we don't always realize that's what we are doing. With a grandchild's death, we face one of life's most painful griefs. <a href="https://www.goodreads.com/book/show/4427877">https://www.goodreads.com/book/show/4427877</a>
Death of a child/pregnancy loss	Single parent grief	Ilse, Sherokee	2003	Pamphlet	
Death of a child/pregnancy loss	Grieving grandparents: Following miscarrieage, stillbirth, SIDS or other infant death	Ilse, Sherokee & Leninger, Lori	1985 Wintergreen Press	Book	<i>Grieving Grandparents</i> is a practical exploration of the anguish, sorrow and sense of helplessness grandparents feel when their beloved grandchild dies. Critical information is shared to aid grandparents as they attempt to comfort and support their children who suffer, while they also learn to cope with their own grief. many specific examples will make a difference in their lives and their children's lives. <a href="https://www.amazon.ca/Grieving-Grandparents-Following-miscarriage-stillbirth-ebook/dp/B07PHH521D">https://www.amazon.ca/Grieving-Grandparents-Following-miscarriage-stillbirth-ebook/dp/B07PHH521D</a>
Death of a child/pregnancy loss	Mother care: Physical care and beyond	Ilse, Sherokee; Funk, Mary & Anderson, Inez	2002 Wintergreen Press	Book	This booklet teaches new mothers how to care for themselves after their baby dies. Includes physucal areas of healing, breast milk issue, emotional and spiritual aspects of life soon after loss. Hospitals and clinics should give this out prior to sending mom home. Discusses milk suppression and milk donation, rest, meditation, and more. <a href="https://www.goodreads.com/book/show/32999736-mother-care">https://www.goodreads.com/book/show/32999736-mother-care</a>
Death of a child/pregnancy loss	Miscarriage	Johnson, Joy	1983 Centering Corporation	Pamphlet	
Death of a child/pregnancy loss	Unspeakable losses, The: Healing from miscarriage, abortion, and other pregnancy losses	Kluger-Bell, Kim	1998 HarperCollins	Book	This soothing book is a must--not simply for women who have experienced pregnancy loss, but also for their partners and those who care about them. Kim Kluger-Bell, a therapist specializing in the psychodynamics of losing a child before birth--whether to abortion, miscarriage, or other loss--strips away the shrouds of silence surrounding this unique pain. She gives new voice to these "unspeakable losses," in a culture that has rendered its discussion taboo. Combining in-depth stories with solid, practical advice, <i>Unspeakable Losses</i> articulates the myriad emotional stages that arise from pregnancy loss and validates what can otherwise be a terribly lonely experience. <a href="https://www.goodreads.com/book/show/289450.Unspeakable_Losses">https://www.goodreads.com/book/show/289450.Unspeakable_Losses</a>
Death of a child/pregnancy loss	Remember Lee	Leith-Musser, Linda	1998 Centering Corporation	Pamphlet	
Death of a child/pregnancy loss	Grief of parents: When a child dies, The	Miles, Margaret Shandon	1978	Booklet	

Death of a child/pregnancy loss	Gift, The	Miller, Margaret	2011 Nimbus Publishing	book	When Margaret Miller's son, Bruce, was killed at age twenty-six by a drunk driver, her grief threatened to consume her. Mother's Against Drunk Driving became her lifeline, and as she slowly became involved with the organization, she found a way to use her grief and anger to start helping other families and to fight impaired driving across the country. In this moving memoir, Margaret details her journey through grief and describes how she turned her sadness into action, first volunteering with and then becoming national president of MADD Canada. Poignant and inspiring, <i>The Gift</i> tells not just heartbreaking stories but also uplifting and hopeful stories of life after injury and loss. <a href="https://www.goodreads.com/book/show/10788904-the-gift">https://www.goodreads.com/book/show/10788904-the-gift</a>
Death of a child/pregnancy loss	Beyond tears: Living after losing a child	Mitchell, Ellen	2004 St Martin's Griffin	book	The death of a child is that unimaginable loss no parent ever expects to face. In <i>Beyond Tears</i> , nine mothers share their individual stories of how to survive in the darkest hour. They candidly share with other bereaved parents what to expect in the first year and long beyond. This sharing in itself is a catharsis and because each of these mothers lost her child at least seven years ago, she is in a unique position to provide perspective on what newly bereaved parents can expect to feel. The mothers of <i>Beyond Tears</i> offer reassurance that the clouds of grief do lessen with time and that grieving parents will find a way to live, and even laugh again. <a href="https://www.goodreads.com/book/show/253130.Beyond_Tears">https://www.goodreads.com/book/show/253130.Beyond_Tears</a>
Death of a child/pregnancy loss	Grandparents cry twice	Reed, Mary Lou	2000 Baywood Publishing	Book	This is a book about grandparents' dual sorrow when a grandchild dies. They cry for their lost grandchild and they also cry for the terrible grief they see their own child having to bear. <a href="https://www.routledge.com/Grandparents-Cry-Twice-Help-for-Bereaved-Grandparents/Reed/p/book/9780415784740">https://www.routledge.com/Grandparents-Cry-Twice-Help-for-Bereaved-Grandparents/Reed/p/book/9780415784740</a>
Death of a child/pregnancy loss	Goodbye my child	Rich, Sara Wheeler	2002 Centering Corporation	Pamphlet	
Death of a child/pregnancy loss	Bereaved parent, The (3)	Sarnoff, Harriet Schiff	1977 Penguin	book	Practical supportive advice for bereaved parents and the professionals who work with them, based on the experiences of psychiatric and religious counselors. <a href="https://www.goodreads.com/book/show/906668.The_Bereaved_Parent">https://www.goodreads.com/book/show/906668.The_Bereaved_Parent</a>
Death of a child/pregnancy loss	Healing a father's grief	Schatz, W	2001 Medic Publishing	Book	no description available
Death of a child/pregnancy loss	Strong and tender (3)	Schwiebert, Pat	1993 Perinatal Loss	Booklet	
Death of a child/pregnancy loss	Grandparent's sorrow	Schwiebert, Pat	2003	Book	An excellent resource for bereaved grandparents including information about how to help your child, what not to say and what to say instead, gifts to give, taking care of yourself, multiple loss, friends, faith and talking with your grandchildren, and touching poetry throughout. <a href="https://centering.org/grandparents-sorrow-a/">https://centering.org/grandparents-sorrow-a/</a>
Death of a child/pregnancy loss	Still to be born	Schwiebert, Pat	1993 Perinatal Loss	Pamphlet	
Death of a child/pregnancy loss	Death of a child	Stillwell, Elaine E.	2004 ACTA Publication	book	There is perhaps no more excruciating pain than the loss of a child. It is a life-changing event that will forever scar a parent. When a child dies, bereaved parents face the challenge of rebuilding their lives, a daunting task that may often seem overwhelming. <i>The Death of a Child</i> is filled with stories of people who have lost a child and how they dealt with the reality of that event. This collection of life-giving lessons touches on a wide range of emotions and situations that parents may encounter after the death of their child. <a href="https://www.christianbook.com/death-child-reflections-for-grieving-parents/elaine-stillwell/9780879462604/pd/462604">https://www.christianbook.com/death-child-reflections-for-grieving-parents/elaine-stillwell/9780879462604/pd/462604</a>
Death of a child/pregnancy loss	Miscarriage: A man's book	Wheat, Rick	1995 Centering Corporation	Pamphlet	
Death of a child/pregnancy loss	For better or worse: A handbook for couples whose child has died	Wilder, Maribeth Doerr	2004 Centering Corporation	book	When my first son was a stillborn, my husband and I traveled very different paths in our grief process, both of us alone, uncommunicative, afraid. No one explained to us that we would embark upon a long journey of sadness. In fact, we were not even told it was normal to grieve, and it certainly did not occur to us that we would each handle our loss very differently. Grief is a long, hard road. I hope that in reading this book you will find the strength to assign your marriage the highest priority and become closer in the process. <a href="https://centering.org/for-better-or-worse/">https://centering.org/for-better-or-worse/</a>

Death of a child/pregnancy loss	Healing your grieving heart after miscarriage	Wolfelt, Alan	2015 Companion Press	Book	Miscarriage is a significant loss experienced by millions of women and couples each year. Yet because it is so common, and also because it is invisible to others, grieving parents often suffer in silence, without acknowledgement or support. Miscarriage grief is real and justified. Love plus loss equals grief. If you wanted and loved a baby who was miscarried, of course you grieve. And now you must mourn. The purpose of this book is to help you mourn and heal. < <a href="https://www.centerforloss.com/bookstore/healing-your-grieving-heart-after-miscarriage/">https://www.centerforloss.com/bookstore/healing-your-grieving-heart-after-miscarriage/</a> >
Death of a child/pregnancy loss	Healing a grandparent's grieving heart	Wolfelt, Alan	2014 Companion Press	Book	The death of a young person is never easy. But when a grandchild dies, grandparents grieve doubly. They grieve for the loss of their grandchild, and they grieve for their own child, who is now a bereaved parent. This heartfelt guide is an indispensable resource for grieving grandparents, offering them compassionate understanding and practical advice for expressing their own grief while supporting their grieving child and family. Some of the 100 ideas explain the basic principles of grief and mourning, while others offer immediate, here-and-now suggestions for things grandparents can do today to move forward on the journey to healing a live with meaning in each moment. < <a href="https://www.centerforloss.com/bookstore/healing-a-grandparent-s-grieving-heart/">https://www.centerforloss.com/bookstore/healing-a-grandparent-s-grieving-heart/</a> >
Death of a child/pregnancy loss	Losing a baby (3)	Yarwood, Anne	1989	Pamphlet	
EOL	Healing wisdom: Wit, insight and inspiration for anyone facing illness	Anderson, Greg	1994 Penguin	Book	Collecting the inspiring words of everyone from Dr. Bernie Siegel to Eleanor Roosevelt to Deepak Chopra, this little volume offers comfort, encouragement, laughter, and joy to anyone facing illness. A man diagnosed with cancer nine years ago and given 30 days to live has compiled more than 400 quotations--a gift far more heartwarming than flowers. <a href="https://www.goodreads.com/en/book/show/3750149">https://www.goodreads.com/en/book/show/3750149</a>
EOL	I don't know what to say: How to help and support someone who is dying (3)	Buckman, Robert	1996 Key Porter Books	Book	When people we love are dying, we all too often are unable to help them -- or even talk to them -- or face our own conflicting feelings about the impending loss. This authoritative and empathetic guide demystifies the dying process and offers practical advice for the friends and families of the terminally ill. <a href="https://books.google.ca/books/about/I_Don_t_Know_what_to_Say.html?id=zt0IAQAAMAAJ&amp;redir_esc=y">https://books.google.ca/books/about/I_Don_t_Know_what_to_Say.html?id=zt0IAQAAMAAJ&amp;redir_esc=y</a>
EOL	Palliative care in the home	Doyle, Derek & Jeffery, David	2000 Oxford University Press	Book	As palliative care is a major responsibility for teams providing care at home, the book provides a definitive guide on how to provide effective care for people with far-advanced disease. It has been written by two palliative specialists, both of whom have been family doctors. The book deals with all the physical, emotional, spiritual, and social problems that will be encountered by family doctors and community nurses caring for patients and relatives in a home setting. It deals in detail with emergencies, communications, and ethical issues, and emphasises throughout the importance of team work.
EOL	What to eat when you don't feel like eating	Haller, James	1994 Robert Pope Foundation	Book	James Haller's vast experience, unbounded enthusiasm, and compassionate nature make this cookbook an invaluable resource for those preparing food for people suffering serious illness. He tells how cooking can be simple, quick, and inexpensive. He groups various foods by colours and gives an uncomplicated understanding of nutritional values. More than this he stresses taste. "Most importantly," he writes, "the food has to taste incredible. Not just good, but the food has to be delicious. It has to taste like it was doing something wonderful for you, because that's the essence of nurturing." Haller's book is highly recommended by physicians, nurses and other health professionals worldwide. <a href="https://www.abebooks.com/What-Eat-When-Feel-Eating-Haller/30966253488/bd">https://www.abebooks.com/What-Eat-When-Feel-Eating-Haller/30966253488/bd</a>
EOL	Preparing to die: Practical advice and spiritual wisdom from the Tibetan Buddhist tradition	Holecek, Andrew	2013 Snow Lion	Book	Death is one of the most precious experiences in life, literally a once-in-a-lifetime opportunity. Yet after many years of teaching on death and dying, I am surprised that even for spiritual practitioners death remains a dreaded event. We dread it because we don't know about it. We don't look forward to death because we don't know what to look forward to. I wrote this book to help you prepare -- to illuminate the darkness of death and to give you something to look forward to. My vision was to provide a comprehensive reference manual, an encyclopedia of death. Preparing to Die is divided into two principal parts, on spiritual and practical preparation. Each of these is further divided into what to do before, during, and after death -- both for yourself and for others. This provides a framework that is easily referenced during any stage of the dying process. While Preparing to Die is directed to students of Tibetan Buddhism, it can benefit anyone interested in penetrating the mysteries of death from the Buddhist perspective. <a href="https://www.andrewholecek.com/preparing-to-die-book/">https://www.andrewholecek.com/preparing-to-die-book/</a>

EOL	Tangled garden of wisdom and grief	Jenkinson, Stephen	Cutting Edge	Video workshop	A good death is everyone’s right, but the idea makes no sense in a culture that doesn’t believe in dying at all—a dilemma for palliative patients, their families, and those working in a healthcare system where dying is the end, not the fulfillment, of health. A deep discussion on how dying can be learned and what should be at the root of caring for dying people. <a href="https://www.facebook.com/events/powell-river-recreation-center/the-tangled-garden-of-wisdom-and-grief-a-workshop-with-stephen-jenkinson/529464993839893/">https://www.facebook.com/events/powell-river-recreation-center/the-tangled-garden-of-wisdom-and-grief-a-workshop-with-stephen-jenkinson/529464993839893/</a>
EOL	What dying people want: Practical wisdom for the end of life (2)	Kuhl, David	2003 Anchor	Book	Dr. Kuhl presents ways of finding new life in the process of dying, understanding the inner reality of living with a terminal illness, and addressing the fear of pain, as well as pain itself. He also offers concrete guidance on how to enhance doctor/patient relationships and hold family meetings, and provides an introduction to the process of life review. It is possible to find meaning and peace in the face of death. What Dying People Want "helps us learn to view the knowledge of death as a gift, not a curse." <a href="https://www.goodreads.com/book/show/1273319.What_Dying_People_Want">https://www.goodreads.com/book/show/1273319.What_Dying_People_Want</a>
EOL	Miles to go: A handbook of comfort and support for people who are seriously ill (3)	Latimer, Elizabeth J.	2001	Booklet	Help for those who are dealing with serious illness. It is a combination of thought, ideas, suggestions and reflections.
EOL	Handbook for mortals: Guidance for people facing serious illness	Lynn, J; Harold, J & Lynch Schuster, J	1999 Oxford University Press	Book	<i>Handbook for Mortals</i> is warmly addressed to all those who wish to approach the final years of life with greater awareness of what to expect and greater confidence about how to make the end of our lives a time for growth, comfort, and meaningful reflection. Readers will learn what decisions they will need to face, where to look for help, how to ease pain and other symptoms, what to expect with specific diseases, and how the health-care system operates. Equally important to this practical information are the personal stories included here of how people have come to terms with dying, faced their fears, and made important choices. <a href="https://www.goodreads.com/en/book/show/150063">https://www.goodreads.com/en/book/show/150063</a>
EOL	Good to go	Myers, Jo	2010 Sterling	book	Myers became interested in the idea of end-of-life planning after witnessing what happened when her parents, an aunt and a friend passed away. She saw the dramatic ways that pre-planning — or a lack thereof — can affect the lives of the families. Adult children who are left behind to sort out things like end-of-life medical decisions, funeral decisions and the division of personal property are hit especially hard. <a href="https://blog.sevenponds.com/lending-insight/lending-insight%E2%80%A8-%E2%80%A8%E2%80%A8book-review-a-guide-to-preparing-for-the-end-of-life-by-jo-myers">https://blog.sevenponds.com/lending-insight/lending-insight%E2%80%A8-%E2%80%A8%E2%80%A8book-review-a-guide-to-preparing-for-the-end-of-life-by-jo-myers</a>
EOL - clinical	Companioning the dying: A soulful guide for counsellors and caregivers	Yoder, Greg	2005 Companion	book	Based on the assumption that all dying experiences belong not to the caregivers but to those who are dying—and that there is no such thing as a “good death” or a “bad death,” Companioning the Dying helps readers bring a respectful, nonjudgmental presence to the dying while liberating them from self-imposed or popular expectations to say or do the right thing. <a href="https://www.centerforloss.com/bookstore/companioning-the-dying/">https://www.centerforloss.com/bookstore/companioning-the-dying/</a>
EOL - child	Talking to children and teenagers when an adult has cancer		2013 Macmillan Cancer Support	Book	description not available
Funerals	Creating meaningful funeral ceremonies	Wolfelt, Alan	2000 Companion	book	This compassionate, friendly workbook affirms the importance of the personalized funeral ritual and helps families create a ceremony that will be both healing and meaningful for years to come. Designed to complement the role of the clergy, celebrant and funeral director in the funeral planning process, <i>A Guide for Families</i> walks readers through the many decisions they will make at the time of a death. <a href="https://www.centerforloss.com/bookstore/creating-meaningful-funeral-ceremonies-a-guide-for-families/">https://www.centerforloss.com/bookstore/creating-meaningful-funeral-ceremonies-a-guide-for-families/</a>
Funerals	Creating meaningful funeral experience	Wolfelt, Alan	2003 Companion	book	The book explores the ways in which personalized funerals transform mourners. It also reviews qualities in caregivers that make them effective celebrants and funeral planners and provides practical. ideas for creating authentic, personalized and meaningful funeral experiences. <a href="https://www.centerforloss.com/bookstore/creating-meaningful-funeral-experiences-a-guide-for-caregivers/">https://www.centerforloss.com/bookstore/creating-meaningful-funeral-experiences-a-guide-for-caregivers/</a>
Grief	How to survive the loss of a parent	Akner, Lois F	1993 Quill	Book	Many people who usually function well are thrown for a loop when a parent dies. They're surprised at the complex feelings of love, loss, anger, and guilt, and at the unresolved issues that emerge. Therapist Lois Akner explains why the loss of a parent is different from other losses and, using examples from her experience, shows how it is possible to work through the grief. <a href="https://www.goodreads.com/book/show/1686127.How_to_Survive_the_Loss_of_a_Parent">https://www.goodreads.com/book/show/1686127.How_to_Survive_the_Loss_of_a_Parent</a>

Grief	Mourners Dance, The: What we do when people die (2)	Ashenburg, Katherine	2002 North Point Press	Book	There is no doubt that the death of a loved one has a profound - and unpredictable - effect on the lives of those left behind. Mourning is the price we pay for love. But how does anyone survive those first weeks, months, and even years after a death, and then eventually return to normal life? <a href="https://www.penguinrandomhouse.ca/books/5419/the-mourners-dance-by-katherine-ashenburg/9780307398697">https://www.penguinrandomhouse.ca/books/5419/the-mourners-dance-by-katherine-ashenburg/9780307398697</a>
Grief	How to help someone who is grieving	Ashley, R Diane	2013	book	Written for both you and those hurting, this book provides tools that assist with knowing what to say or do. It also has information that can help grievers understand what they are feeling. <a href="https://www.amazon.ca/How-Help-Someone-Who-Grieving/dp/1484941063">https://www.amazon.ca/How-Help-Someone-Who-Grieving/dp/1484941063</a>
Grief	How we grieve: Relearning the world	Attig, Thomas	2011 Oxford University Press	Book	This book promotes an understanding of grieving persons, emphasizes respect for their individuality, encourages active coping, and guides those who help bereaved persons. The author argues that grieving is not a clinical problem to be solved or managed by others; rather, grieving is a normal process of relearning the world (physical surroundings, relationships with others (including the deceased and God), and oneself in the aftermath of loss. The author utilizes real life stories to illustrate the power of the idea of relearning the world. <a href="https://oxford.universitypressscholarship.com/view/10.1093/acprof:oso/9780195074567.001.0001/acprof-9780195074567">https://oxford.universitypressscholarship.com/view/10.1093/acprof:oso/9780195074567.001.0001/acprof-9780195074567</a>
Grief	A good friend for bad times	Bowen, Deborah E & Strickler, Susan L	2004 Augsburg Books	book	When watching a friend or loved one grieve a loss, you certainly want to help. But how, exactly; can you help? In what manner? With which tasks? In <i>A Good Friend for Bad Times</i> , grief counselors Deborah Bowen and Susan Strickler offer advice and concrete suggestions for helping a friend throughout the grief experience. A remarkably practical resource, this book first grounds you with an understanding of normal responses to grief, then offers insight for expressing sympathy and emotional support. In subsequent chapters, the authors give specific suggestions for both "what to do" and "what not to do" when providing assistance all through your friend's grief journey -- when anticipating a loved one's death, immediately after that death, and in the months and years beyond. In addition, this book relates how you can be supportive when the death involved particular circumstances, such as Alzheimer's disease, cancer, AIDS, suicide, or the death of a child. Special chapters advise how to comfort a friend whose loved one died in a catastrophic event; how to acknowledge your friend's grief on holidays, birthdays, and anniversaries; and how to reassure and console young children. <a href="https://books.google.ca/books/about/A_Good_Friend_for_Bad_Times.html?id=f7RAnwEACAAJ&amp;redir_esc=y">https://books.google.ca/books/about/A_Good_Friend_for_Bad_Times.html?id=f7RAnwEACAAJ&amp;redir_esc=y</a>
Grief	Heart does break: Canadian writers on grief and mourning, The	Bowering, G. & Baird, J.	2009 Vintage Press	Book	A book in which some of our best writers address their own losses — and help us endure our own. A heartbreaking, comforting and beautiful collection of true stories about grief and mourning from some of Canada's best known writers. When Jean Baird's daughter, Bronwyn, died suddenly, Jean's deep instinct was to turn to books to help her in her time of sudden loss. Although she found that the thoughts of counselors, psychologists, Buddhists, and self-help gurus were perhaps some help, the works that truly reached to the heart of the matter were by literary writers, largely from the UK and the US. Scanning the Canadian landscape, Jean and her husband George Bowering found elegies and tributes, but little from our writers about the person who is left behind to mourn or what it takes to endure grieving. <i>The Heart Does Break</i> — an anthology of twenty original pieces — sets out to fill that gap. <a href="https://www.penguinrandomhouse.ca/books/16652/the-heart-does-break-by-jean-baird-and-george-bowering/9780307357038">https://www.penguinrandomhouse.ca/books/16652/the-heart-does-break-by-jean-baird-and-george-bowering/9780307357038</a>
Grief	Life came to a standstill: True accounts of loss, love, and hope	Broadmore, G.	2017 Friesen Press	Book	How does a parent live through the death of a child? This profound and poignant compilation of the courageous personal journeys of seven grieving mothers and one grieving sister offers a road map of how to cope with the anguish of traumatic, unexpected loss-giving inspiration for continuing to live. Each narrative lovingly remembers the deceased, honestly conveys the shock of death, and details the grief work that the survivors-and their extended family members-have done to move toward healing and make a new life without their loved one. Though these are stories of painful loss, they are also inspiring accounts of strength, hope, and love, lighting the way from the darkest sorrow to the first shimmer of hope. An extensive addendum includes helpful supplementary material with valuable professional insights-guidance to help you navigate, when your once familiar world feels like an alien landscape. <a href="https://www.goodreads.com/en/book/show/36955359">https://www.goodreads.com/en/book/show/36955359</a>
Grief	Galaxies (8)	Camozzi, Anne	2015 Corvid Enterprises	book	Accessible to all ages and personal situations, <i>Galaxies</i> will help distract people from their pain and suffering (whether patients, families, caregivers or healers), while allowing them to feel part of something bigger than themselves. It is also a book for art and poetry lovers who are not suffering, but seeking serenity and peacefulness, or just enjoyment of art. <a href="https://annecamozzi.com/wp-content/uploads/2016/05/about-galaxies.pdf">https://annecamozzi.com/wp-content/uploads/2016/05/about-galaxies.pdf</a>

Grief	Chicken soup for the grieving soul	Canfield, Jack & Hansen, Mark Victor	2003	Health Communications Inc	book	Stories about life, death, and overcoming the loss of a loved one. Continuing the series, stories to ease the loss of a loved one. Bestselling authors Jack Canfield and Mark Victor Hansen are professional speakers who have dedicated their lives to enhancing the personal and professional development of others. <a href="https://www.goodreads.com/book/show/124741.Chicken_Soup_for_the_Grieving_Soul">https://www.goodreads.com/book/show/124741.Chicken_Soup_for_the_Grieving_Soul</a>
Grief	Why am I afraid to grieve?	Carpenter, A & Johnson, G	1994	HarperCollins	Book	Part of the Why Am I Afraid To? series, this book offers gentle practical help for readers to be able to overcome the reluctance to grieve. <a href="https://books.google.ca/books/about/Why_Am_I_Afraid_to_Grieve.html?id=cG8gAAACAAJ&amp;source=kp_book_description&amp;redir_esc=y">https://books.google.ca/books/about/Why_Am_I_Afraid_to_Grieve.html?id=cG8gAAACAAJ&amp;source=kp_book_description&amp;redir_esc=y</a>
Grief	Women in mourning: Stories of grieving women (2)	Clayton, Jean		Centering Corporation	Book	Grief is not new to women. Stories from a variety of women with different grief issues. Stories include: the grief of a grandmother, multiple loss, suicide, sobriety, loss of a breast, loss of a child, and more. Emotional support for women. <a href="https://www.goodreads.com/book/show/3686441-women-in-mourning">https://www.goodreads.com/book/show/3686441-women-in-mourning</a>
Grief	Lifting the taboo: Women, death and dying	Cline, S.	1995	Abacus Press	Book	Illuminated by a profound yet humorous vision, <i>Lifting the Taboo</i> explores the specific relationship women of many colors, cultures, ages, and sexual orientations have to their own deaths, their attitudes towards loss, and their disposition to their role as primary care-givers to the dying. Specifically, the book weighs the implications of breast cancer and examines in detail Alzheimer's Disease which, contrary to popular myth, can in several significant ways be perceived as a women's disease. Investigating mothers' responses to children's deaths, Sally Cline establishes that women's relationships to death are intricately connected to the experience of giving birth. They are, she argues, therefore psychologically and emotionally different from those of men. Cline goes on to examine women's roles and responses to AIDS and suicide, women's sexual relationships while dying, how society views widows as leftover lives, and women's radical work in hospices and death therapy, as well as their roles as female funeral directors. < <a href="https://www.goodreads.com/book/show/720219.Lifting_the_Taboo">https://www.goodreads.com/book/show/720219.Lifting_the_Taboo</a> >
Grief	Good grief: Healing through the shadow of loss	Coryell, Deborah Morris	2007	Healing Arts Press	book	In <i>Good Grief</i> , professional grief educator Deborah Morris Coryell describes grief as the experience of not having anywhere to place our love, of losing a connection, an outlet for our emotion. To heal grief we have to learn how to continue to love in the face of loss. In this compassionate guide, Coryell gives inspiring examples of how embracing our losses allows us to awaken our most profound connections to other people. <a href="https://www.goodreads.com/book/show/1624910.Good_Grief">https://www.goodreads.com/book/show/1624910.Good_Grief</a>
Grief	Singing mother home	Davenport, Donna S	2002	University of North Texas	Book	What happens when an expert on grief is faced with the slow decline of her beloved mother? Like <i>A Grief Observed</i> by C. S. Lewis, <i>Singing Mother Home</i> offers the reader an inside look at the struggles of someone who is an "expert" in coping with loss. Donna S. Davenport was forced to rethink the traditional academic approach to the process, which implied that the goal of grief resolution was to end the attachment to the loved one. Instead, she embarked on a personal exploration of her own anticipatory grief. Just as Davenport used her family's tradition of singing to comfort her mother, readers will be encouraged to find their own sources of comfort in family and legacy. <a href="https://www.tamupress.com/book/9781574411621/singing-mother-home/">https://www.tamupress.com/book/9781574411621/singing-mother-home/</a>
Grief	Work of mourning, The	Derrida, Jacques	2001	University of Chicago Press	Book	Derrida bears witness to the singularity of a friendship and to the absolute uniqueness of each relationship. In each case, he is acutely aware of the questions of tact, taste, and ethical responsibility involved in speaking of the dead—the risks of using the occasion for one's own purposes, political calculation, personal vendetta, and the expiation of guilt. More than a collection of memorial addresses, this volume sheds light not only on Derrida's relation to some of the most prominent French thinkers of the past quarter century but also on some of the most important themes of Derrida's entire oeuvre—mourning, the "gift of death," time, memory, and friendship itself. <a href="https://press.uchicago.edu/ucp/books/book/chicago/W/bo27619571.html">https://press.uchicago.edu/ucp/books/book/chicago/W/bo27619571.html</a>
Grief	Living with grief: Who we are, how we grieve	Doka, K. and Davidson, J.	1998	Routledge	Book	Produced as a companion to the Hospice Foundation of America's fifth annual National Bereavement Teleconference, this volume examines how key aspects of identity affect how individuals grieve. Variables explored include culture, spirituality, age and development level, class and gender. < <a href="https://www.routledge.com/Living-With-Grief-Who-We-Are-How-We-Grieve/Doka-Davidson/p/book/9780876308981">https://www.routledge.com/Living-With-Grief-Who-We-Are-How-We-Grieve/Doka-Davidson/p/book/9780876308981</a> >
Grief	Living with grief: Loss in later life	Doka, Kenneth J	1997	Taylor & Francis	Book	<i>Living with Grief: Loss in Later Life</i> focuses on the unique issues that arise when older persons encounter loss – presenting a conceptual framework that reviews the role that death plays in the life of older persons as well as considering the particular losses associated with aging such as disease and dementia and specific strategies for grief counseling. Four Voices pieces offer personal narratives of loss. <a href="http://drkendoka.com/media/">http://drkendoka.com/media/</a>

Grief	Mourning handbook, The	Fitzgerald, Helen	1994 Simon & Schuster	Book	Helen Fitzgerald, author of <i>The Grieving Child</i> , has compiled a guide to help readers practically and emotionally grieve the death of loved ones. No one should be left to grieve alone. Even with the help of friends and family, grieving the death of a loved one can be a complex, sometimes overwhelming, process. <i>The Mourning Handbook</i> is written as a companion to those mourners in need of practical and emotional assistance during the trying times before and after the death of a loved one. Having counseled thousands of people who have experienced loss, Helen Fitzgerald gives special attention to the complex emotions that can accompany especially traumatic situations, such as when a loved one has been murdered, when there have been multiple deaths, when a body has not been recovered, or when the mourner has been the inadvertent cause of death. Designed to conform to the special needs of the bereaved, <i>The Mourning Handbook</i> is written and organized in an accessible style punctuated by real stories of people who have experienced every kind of loss. With many subchapters and cross references, it can be consulted for a specific problem or read at length.
Grief	Food for the soul	Gambill, A	1998 Bereavement Publications	book	
Grief	Swallowed by a snake: A gift of the masculine side of healing (2)	Golden, Thomas R	2000 Golden Healing Publishing	Book	Helpful information about healing from loss drawn from Tom Golden's twenty years of clinical experience in helping people heal. This book is packed with information that will help you negotiate the tough terrain of grief and move to a place of healing and transformation. It is a book for men or women about the masculine side of healing from loss. <a href="https://www.webhealing.com/3book.html">https://www.webhealing.com/3book.html</a>
Grief	Grieving for dummies	Harvey, G.	2007 Wiley Publishing	Book	Coping and recovery strategies for dealing with the loss of a loved one Whether the death of a loved one is sudden or expected, grieving the loss is a difficult yet transformative process. <i>Grieving For Dummies</i> approaches this very important subject with sensitivity, helping readers who are grieving the loss of a loved one as well as those who want to support them in this process. This compassionate guide covers all types of profound losses, including parents, spouses and partners, children, siblings, friends, and pets. It also addresses children's grieving and how the manner of death may cause additional hurdles to grieving the loss. The book is filled with practical suggestions for moving through the phases, stages, and tasks of grieving with an eye towards successfully integrating the loss of a loved one, while at the same time, keeping the love shared alive. < <a href="https://www.goodreads.com/book/show/998086.Grieving_for_Dummies">https://www.goodreads.com/book/show/998086.Grieving_for_Dummies</a> >
Grief	Remembering lives	Hedtke, Lorraine & Winslade, John	2004 Baywood Publishing	Book	Grief is frequently thought of as an ordeal we must simply survive. This book offers a fresh approach to the negotiation of death and grief. It is founded in principles of constructive conversation that focus on "remembering" lives, in contrast to processes of forgetting or dismembering those who have died. Remembering is about a comforting, life enhancing, and sustaining approach to death that does not dwell on the pain of loss and is much more than wistful reminiscing. It is about the deliberate construction of stories that continue to include the dead in the membership of our lives. <a href="https://www.taylorfrancis.com/books/mono/10.4324/9781315223827/remembering-lives-lorraine-hedtke-john-winslade">https://www.taylorfrancis.com/books/mono/10.4324/9781315223827/remembering-lives-lorraine-hedtke-john-winslade</a>
Grief	Angel and executioner: Grief and the love of life	Jenkinson, Stephen	Orphan Wisdom	video set	Jenkinson gave himself the task of wondering how it has come to be that our corner of the world is so death phobic, so grief illiterate. In a lively, provocative and soulful harangue that has become the signature tone of his teaching events, Stephen offers grief as a skill of deep living, and the true midwife for being able to fall in love with being alive. This is about the mandatory dance we must do with the ending of our days, where the real meaning of our life is made instead of found, where we decide whether our death is the killer of our days or the deepener of them. <a href="https://orphanwisdom.com/shop/angel-and-executioner/">https://orphanwisdom.com/shop/angel-and-executioner/</a>
Grief	Bridge called grief, The	Jordan, Mary Kate	2012 Troy Book Makers	book	Mary Kate Jordan has created a wonderfully emotional road map for anyone enduring loss and/or grief. Page by page she helps the reader take each step on the long bridge which spans a life before and after significant loss. She recognizes, defines, and empathically embraces such difficult experiences as the deep sense of confusion, isolation, anguish, and conflicting needs to both remain in and to leave behind one's grief. I intend to have a copy in my office as well as a few on hand to offer friends in need." —Jennifer Kay, LICMSW. <a href="https://shoptbmbooks.com/The_Bridge_Called_Grief.html">https://shoptbmbooks.com/The_Bridge_Called_Grief.html</a>
grief	Graceful endings: Navigating the journey of loss and grief (3)	Kavelin-Popov, Linda	2012 Virtues Project Int	Book	Graceful Endings offers simple strategies for creating a graceful end of life experience. It contains true stories of individuals who chose to die consciously, fully alive and open to the wonders that can arise in this fragile and sacred passage of life. It provides tools for surviving and even thriving through the roller coaster of emotions in facing death — practices that sustain the dying and those that love them throughout the journey. <a href="https://www.virtuesproject.com/store/book-graceful-endings">https://www.virtuesproject.com/store/book-graceful-endings</a>

Grief	Don't ask for the dead mans golf clubs	Kelly, Lynn	2000 Workman	book	A close co-worker's mother dies of cancer. Your next-door neighbor loses a son to AIDS. Your best friend's daughter is killed in a car crash. We all know to tell the bereaved how sorry we are for their losses. But how do we express our sympathies in ways that really help? What are the right words and gestures that will make a positive difference? What can we do to help in their time of need? <a href="https://www.upi.com/Archives/2001/01/05/Book-review-Dont-Ask-for-the-Dead-Mans-Golf-Clubs/4656978670800/">https://www.upi.com/Archives/2001/01/05/Book-review-Dont-Ask-for-the-Dead-Mans-Golf-Clubs/4656978670800/</a>
Grief	Healing power of humor, The (2)	Klein, Allen	1989 Jeremy P Tarcher/Putnam	Book	The ability to laugh at annoyances, crises, and even outright disasters can literally save your life. The author presents a series of proven techniques for overcoming the negative effects of loss, setbacks, upsets, disappointments, trials, and tribulations. <a href="https://www.goodreads.com/book/show/108493.The_Healing_Power_of_Humor">https://www.goodreads.com/book/show/108493.The_Healing_Power_of_Humor</a>
Grief	On death and dying	Kubler-Ross, Elizabeth	1969 MacMillan Canada	Book	One of the most important psychological studies of the late twentieth century, <i>On Death and Dying</i> grew out of Dr. Elisabeth Kübler-Ross's famous interdisciplinary seminar on death, life, and transition. Through sample interviews and conversations, she gives the reader a better understanding of how imminent death affects the patient, the professionals who serve that patient, and the patient's family, bringing hope to all who are involved. <a href="https://www.goodreads.com/book/show/781844.On_Death_and_Dying">https://www.goodreads.com/book/show/781844.On_Death_and_Dying</a>
Grief	To live until we say goodbye	Kubler-Ross, Elizabeth	1978 Touchstone	Book	The methods of Dr. Kubler-Ross, the world-renowned psychiatrist and authority on death, are revealed in this exploration of her counseling work with terminal patients to help them come to an acceptance of death. <a href="https://www.goodreads.com/book/show/644540.To_Live_Until_We_Say_Good_Bye">https://www.goodreads.com/book/show/644540.To_Live_Until_We_Say_Good_Bye</a>
Grief	Wheel of life, The: A memoir of living and dying	Kubler-Ross, Elizabeth	1997 Touchstone	Book	Kübler-Ross has brought comfort and understanding to millions coping with their own deaths or the deaths of loved ones. At age seventy-one and facing her own death, this world-renowned healer tells the story of her extraordinary life. Having taught the world how to die well, she now offers a lesson on how to live well. Her story is an adventure of the heart -- powerful, controversial, inspirational -- a fitting legacy of a powerful life. <a href="https://www.goodreads.com/book/show/33938.The_Wheel_of_Life">https://www.goodreads.com/book/show/33938.The_Wheel_of_Life</a>
Grief	Broken open	Lesser, Elizabeth	2005 Villard	book	In the <i>New York Times</i> bestseller <i>Broken Open</i> , a beautifully crafted blend of moving stories, humorous insights, practical guidance, and personal memoir, Elizabeth Lesser offers tools to help us make the choice we all face in times of challenge: Will we be broken down and defeated, or broken open and transformed? <a href="https://www.elizabethlesser.org/broken-open">https://www.elizabethlesser.org/broken-open</a>
Grief	Losing a parent to death in the early years: Guidelines for the treatment of traumatic bereavement in infancy and early childhood	Lieberman, A., Compton, N., Van Horn, P., and Ippen, C.	2003 Zero to Three Press		<i>Losing a Parent to Death in the Early Years</i> offers clinicians a practical yet theoretically grounded guide for helping toddlers and preschoolers who have experienced the death of a parent or primary caregiver. The authors describe clearly how very young children may react to such a devastating loss, even when they cannot express their grief in words. They discuss complications in the grieving process that may occur when a parent dies suddenly and/or violently. Lieberman and her colleagues describe assessment and treatment approaches specifically designed to help very young children, surviving parents, grandparents, and other caregivers cope with their losses. Detailed vignettes illustrate children's responses to their parent's death and the steps that clinicians and family members take to ensure the children's healthy development. A directory of resources includes recommended books about death for children. <i>Losing a Parent to Death in the Early Years</i> is essential for clinicians who have experience in treating young children or who are in training to acquire this experience. It will also be invaluable for family members, primary health care providers, teachers and caregivers, child welfare professionals, the clergy, and others who seek to provide emotional support to bereaved children. < <a href="https://psycnet.apa.org/record/2004-12899-000">https://psycnet.apa.org/record/2004-12899-000</a> >
Grief	No time for goodbyes: Coping with sorrow, anger and injustice after a tragic death	Lord, Janice Harris	1987 Pathfinder Publishing	Book	Survivors grieving the tragic death of a loved one will find here deep understanding and insight as well as detailed practical information on dealing with legal and financial issues. Covered are accidental deaths, negligence, suicide, murder, and all kinds of traumatic, sudden, and violent losses. Eloquent comments from survivors are combined with the author's many years of research and experience to make this an incredibly helpful resource. No Time For Goodbyes is used extensively by grieving families as well as numerous professionals and organizations. <a href="https://www.amazon.com/No-Time-Goodbyes-Coping-Injustice/dp/1878321307">https://www.amazon.com/No-Time-Goodbyes-Coping-Injustice/dp/1878321307</a>
Grief	Beyond sympathy: What to say and do for someone suffering an injury, illness or loss	Lord, Janice Harris	1988 Pathfinder Publishing	book	Practical suggestions and examples for helping those who are hurting physically or emotionally. <a href="https://www.goodreads.com/book/show/274383.Beyond_Sympathy">https://www.goodreads.com/book/show/274383.Beyond_Sympathy</a>
Grief support	Beyond the broken heart: Accompanying the bereaved	McConnell, Gillian, et al	2003 Cheneliere McGraw-Hill	book	description not available

Grief	Gentle closings: Facing death and saying goodbye to someone you love	Menten, Ted	1991 Running Press	book	Ted Menten's <i>Gentle Closings</i> is filled with stories of real people who said goodbye to dying loved ones. You'll read about how others pushed aside their despair to rejoice in shared memories and face death with warmth, frankness, and even humor. Their examples will reassure you about facing the death of your own loved one, give you ideas to ease his or her passage, and help you both find the courage to let go when the time comes. <a href="https://www.barnesandnoble.com/w/gentle-closings-ted-menten/1118952871">https://www.barnesandnoble.com/w/gentle-closings-ted-menten/1118952871</a>
Grief	Dark night of the soul	Moore, Thomas	2004 Gotham Books	book	Our lives are filled with emotional tunnels: the loss of a loved one or end of a relationship, aging and illness, career disappointments or just an ongoing sense of dissatisfaction with life. Society tends to view these "dark nights" in clinical terms as obstacles to be overcome as quickly as possible. But Moore shows how honoring these periods of fragility as periods of incubation and positive opportunities to delve the soul's deepest needs can provide healing and a new understanding of life's meaning. <i>Dark Nights of the Soul</i> presents these metaphoric dark nights not as the enemy, but as times of transition, occasions to restore yourself, and transforming rites of passage, revealing an uplifting and inspiring new outlook. <a href="https://www.goodreads.com/book/show/93571.Dark_Nights_of_the_Soul">https://www.goodreads.com/book/show/93571.Dark_Nights_of_the_Soul</a>
Grief	You just have to laugh again: How to laugh when life isn't funny	Naster, David	2001	Book	This Manual will teach you how to stop the avalanche of emotions that prevent joy. You will be inspired how real people laughed through their real problems. You will learn how humor is the porthole to a joyful life in the toughest of times. <a href="https://www.goodreads.com/book/show/49752206-you-just-have-to-laugh">https://www.goodreads.com/book/show/49752206-you-just-have-to-laugh</a>
Grief	More than surviving	Osmont, Kelly	2001 Centering Corporation	Pamphlet	
Grief	How to go on living when someone you love dies	Rando, T	1991 Bantam	Book	Mourning the death of a loved one is a process all of us will go through at one time or another. But whether the death is sudden or anticipated, few of us are prepared for it or for the grief it brings. There is no right or wrong way to grieve. Each person's response to loss will be different. Now, in this compassionate, comprehensive guide, Therese A. Rando, Ph.D., bereavement specialist and author of <i>Loss And Anticipatory Grief</i> , leads you gently through the painful but necessary process of grieving. <a href="https://www.goodreads.com/book/show/281890.How_To_Go_On_Living_When_Someone_You_Love_Dies">https://www.goodreads.com/book/show/281890.How_To_Go_On_Living_When_Someone_You_Love_Dies</a>
Grief	Coping with death in the family	Schneiderman, Gerald	1994 New Canada Publications	book	"A common sense guide for all age groups on how to live with the loss of a loved one." "Schneiderman has provided...workable ways to cope, not just with the stress of death, but also with the reality of life—being a survivor." — Stephen I. Katz, Ph.D, Veterans Administration Medical Center, Palo Alto, California, <i>Family Process</i> . <a href="https://www.goodreads.com/book/show/15504042-coping-with-death-in-the-family">https://www.goodreads.com/book/show/15504042-coping-with-death-in-the-family</a>
Grief	Time to grieve, A: Meditations for healing after the death of a loved one	Staudacher, Carol	1994 HarperOne	Book	A collection of truly comforting, down-to-earth thoughts and meditations -- including the authentic voices of survivors -- for anyone grieving the loss of a loved one. <a href="https://www.harpercollins.ca/9780062508454/a-time-to-grieve/">https://www.harpercollins.ca/9780062508454/a-time-to-grieve/</a>
Grief	Healing grief: Reclaiming life after any loss (2)	VanPraagh, J	2000 Dutton	Book	Van Praagh shares many insightful spiritual messages from deceased loved ones, who shed new light on grief and loss. These stories, along with accounts of his own personal experiences, assist us in viewing our losses as stepping-stones on our soul's evolving spiritual journey. In turn, we become aware of how we are connected to a larger universe, between the seen and unseen worlds. This deeply felt, wise, and compassionate book offers hope for a true healing of the mind and spirit, as we move beyond grief and loss—to a life of freedom, joy, and purpose. <a href="https://www.goodreads.com/book/show/580658.Healing_Grief">https://www.goodreads.com/book/show/580658.Healing_Grief</a>
Grief	Healing a friend's grieving heart: 100 practical ideas for helping someone you love through a loss	Wolfelt, Alan	2001 Companion	Book	When a friend suffers the loss of someone loved, you may not always know what to say. But you can do many helpful, loving things. Compassionate and eminently practical, <i>Healing A Friend's Grieving Heart</i> provides the fundamental principles of being a true companion, from committing to contact the friend regularly to being mindful of the anniversary of the death. Included in each book are tested, sensitive ideas for "carpe diem" actions that people can take right this minute—while still remaining supportive and honoring the mourner's loss. <a href="https://www.centerforloss.com/bookstore/healing-a-friends-grieving-heart/">https://www.centerforloss.com/bookstore/healing-a-friends-grieving-heart/</a>
Grief	Healing the adult siblings heart	Wolfelt, Alan	2008 Companion Press	Book	When your adult brother or sister dies, part of you dies, too. This compassionate guide offers 100 practical ideas to help you understand and embrace your unique grief and practice self-compassion. Some of the ideas teach you the principles of grief and mourning. The remainder offer practical, action-oriented tips for embracing your grief. Whether your sibling died as a young or older adult, whether the death was sudden or anticipated, this compassionate and easy-to-use resource is for you. Turn to any page and seize the day by taking a small step toward healing. < <a href="https://www.centerforloss.com/bookstore/healing-the-adult-sibling-s-grieving-heart-100-practical-ideas/">https://www.centerforloss.com/bookstore/healing-the-adult-sibling-s-grieving-heart-100-practical-ideas/</a> >

Grief	Healing grief at work	Wolfelt, Alan	2005 Companion Press	Book	For most adults, work comprises fully half of our waking hours and is an integral and significant part of our social and emotional lives. Yet when death and other types of loss (divorce, for example) touch people in the workplace, their grief is too often unsupported. How should we respond when a colleague dies? What can we do when a coworker's family member dies? What if tragedy impacts multiple people in the workplace? And if we're grieving, what can we do with our grief during the workday? This book answers these questions and more. A special introduction for employer addresses the economic impact of grief in the workplace and provides practical and cost-effective ideas for creating a productive yet compassionate work environment. Purchased in bulk, this book makes an excellent resource for employee in-services as well as general distribution at a time of need. < <a href="https://www.centerforloss.com/bookstore/healing-grief-at-work-100-practical-ideas-after-your-workplace-is-touched-by-loss/">https://www.centerforloss.com/bookstore/healing-grief-at-work-100-practical-ideas-after-your-workplace-is-touched-by-loss/</a> >
Grief	Healing your grieving heart: 100 practical ideas	Wolfelt, Alan	2001 Companion	Book	When someone you love dies, you must express your grief if you are to heal. In other words, you must mourn. But knowing what to do with your grief and how to mourn doesn't always come naturally. This flagship title in our 100 Ideas Series offers 100 practical ideas to help you practice self-compassion. Some of the ideas teach you the principles of grief and mourning. The remainder offer practical, action-oriented tips for embracing your grief. Each idea also suggests a carpe diem, which will help you seize the day by helping you move toward your healing today. <a href="https://www.centerforloss.com/bookstore/healing-your-grieving-heart-100-practical-ideas/">https://www.centerforloss.com/bookstore/healing-your-grieving-heart-100-practical-ideas/</a>
Grief	Healing your grieving heart after a cancer diagnosis	Wolfelt, Alan & Duvall,	2014 Companion Press	Book	Being diagnosed with cancer is a major blow—physically, emotionally, socially, cognitively, and spiritually. All aspects of yourself are under assault at the same time. And no matter the type or stage of cancer, the treatment plan, or the prognosis, your new and frightening grief can rattle you to your core. This book by beloved grief counselor and cancer survivor Dr. Alan Wolfelt and co-author Dr. Kirby Duvall will help you understand and cope with your many difficult thoughts and feelings and find ways to experience peace and joy in the journey. Some of the 100 ideas explain the basic principles of grief and mourning and how they apply to a life-altering, life-threatening, or terminal medical diagnosis. Others offer immediate, here-and-now suggestions of things you can do today to express your grief and live with meaning in each moment. < <a href="https://www.centerforloss.com/bookstore/healing-your-grieving-heart-after-a-cancer-diagnosis-100-practical-ideas-for-coping-surviving-and-thriving/">https://www.centerforloss.com/bookstore/healing-your-grieving-heart-after-a-cancer-diagnosis-100-practical-ideas-for-coping-surviving-and-thriving/</a> >
Grief	How to reach out for help	Wolfelt, Alan	Batesville Mng. Services	Pamphlet	
Grief	Time to mourn, a time to comfort, A: A guide to Jewish bereavement	Wolfson, Ron	2005 Jewish Lights Publishing	Book	This indispensable guide to Jewish mourning and comfort provides traditional and modern insights into every aspect of loss. In a new, easy-to-use format, this classic resource is full of wise advice to help you cope with death and comfort others when they are bereaved. Dr. Ron Wolfson takes you step by step through the mourning process, including the specifics of funeral preparations, preparing the home and family to sit shiva, and visiting the grave. Special sections deal with helping young children grieve, mourning the death of an infant or child, and more. Wolfson captures the poignant stories of people in all stages of grieving--children, spouses, parents, rabbis, friends, non-Jews--and provides new strategies for reinvigorating and transforming the Jewish ways we mourn, grieve, remember, and carry on with our lives after the death of a loved one. <a href="https://www.goodreads.com/book/show/265060.A_Time_to_Mourn_a_Time_to_Comfort">https://www.goodreads.com/book/show/265060.A_Time_to_Mourn_a_Time_to_Comfort</a>
Grief	Surviving the death of a sibling: Living through grief when an adult brother or sister has died	Wray, TJ	2003 Three Rivers Press	Book	Despite the longevity of adult sibling relationships, surviving siblings are often made to feel as if their grief is somehow unwarranted. After all, when an adult sibling dies, he or she often leaves behind parents, a spouse, and even children—all of whom suffer a more socially recognized type of loss. <i>Surviving the Death of a Sibling</i> helps adults who have lost a brother or sister to realize that they are not alone in their struggle. Just as important, it teaches them to understand the unique stages of their grieving process. <a href="https://www.goodreads.com/book/show/776291.Surviving_the_Death_of_a_Sibling">https://www.goodreads.com/book/show/776291.Surviving_the_Death_of_a_Sibling</a>
Grief	Experiencing Grief	Wright, H. Norman	2004 Broadman& Holman Publishing	book	At one time or another, we will all find ourselves facing a dark journey—the passage through grief. Experiencing Grief is written for a person who is in the wake of despair grief leaves. This brief but powerful book will help lead readers out of their grief experience through five stages of grief. At the end of the journey is peace and a seasoned, more mature faith. <a href="https://www.goodreads.com/en/book/show/49085">https://www.goodreads.com/en/book/show/49085</a>

Grief	Empty chair, The	Zonnebelt-Smeeenge, Susan J. and Devries, Robert	2001 Baker Books	book	The authors know firsthand the sorrow of bereavement: Both lost a spouse. Yet as they faced their pain and gleaned insights from their professions--Susan is a psychologist, Robert, a minister--they found renewed richness on special days that once brought heartache. In <i>The Empty Chair</i> , they share a comforting blend of emotional support, spiritual guidance, and personal experience to help readers honor their loved one on important days. Those who support the bereaved--mental-health professionals, pastors, funeral home staff, and others--will also appreciate this book for its reflective yet practical approach. <a href="https://www.goodreads.com/book/show/756343.The_Empty_Chair">https://www.goodreads.com/book/show/756343.The_Empty_Chair</a>
Grief - child	Children helping children with grief	Chappell, Beverly J.	2008 NewSage Press	book	Beverly Chappell, founder of the Dougy Centre, writes about her work and the center, and about the many grieving families she's met over the years -- families who have inspired her to continue her groundbreaking work. <a href="https://www.bookdepository.com/Children-Helping-Children-with-Grief-Beverly-Chappell/9780939165544">https://www.bookdepository.com/Children-Helping-Children-with-Grief-Beverly-Chappell/9780939165544</a>
Grief - child	Grief in young children: A handbook for adults	Dyregrov, Atle	2008 Jessica Kingsley Pub	Book	Full of practical advice on issues such as how to keep children in touch with their memories, answer their questions, allay their fears and explore their feelings through play, this accessible book enables adults to work with children to develop an acceptance of grief and an understanding of death and loss. This book is essential reading for parents, carers, counsellors and teachers, and is complemented by the companion volume "Grief in Children: A Handbook for Adults: Second Edition", which caters for school-age children, also written by Atle Dyregrov. <a href="https://www.karnacbooks.com/product/grief-in-young-children-a-handbook-for-adults/27080/">https://www.karnacbooks.com/product/grief-in-young-children-a-handbook-for-adults/27080/</a>
Grief - child	Helping children cope with the illness and death of a loved one	Ferry, J & Bouton, B	1997 Bridges Center	Booklet	description not available
Grief - child	Grieving child, The	Fitzgerald, Helen	2003 Fireside	Book	Explaining death to a child is one of the most difficult tasks a parent or other relative can face. <i>The Grieving Child</i> offers practical, compassionate advice for helping a child cope with the death of a parent or other loved one. Parents of children from preschool age to the teen years will find much-needed guidance. <i>The Grieving Child</i> provides invaluable suggestions for dealing with a child's emotional responses (including anger, guilt, and depression) and helping a child adjust to a new life. <a href="https://www.simonandschuster.com/books/Grieving-Child/Helen-Fitzgerald/9780671767624">https://www.simonandschuster.com/books/Grieving-Child/Helen-Fitzgerald/9780671767624</a>
Grief - child	Grief comes to class: An educator's guide	Gliko-Braden, Majel	1992 Centering Corporation	book	The purpose of this book is to assist school personnel, primarily the classroom teacher, in being a positive, significant caregiver for the bereaved students. This book is also meant to aid parents of grieving students and to provide help for the student as she/he re-enters the school environment following the death experience. <a href="https://centering.org/grief-comes-to-class/">https://centering.org/grief-comes-to-class/</a>
Grief - child	Talking about death	Grollman, Earl	1990 Beacon Press	Book	<i>Talking about Death</i> is a classic guide for parents helping their children through the death of a loved one. With a helpful list of dos and don'ts, an illustrated read-along dialogue, and a guide to explaining death, Grollman provides sensitive and timely advice for families coping with loss. <a href="https://www.penguinrandomhouse.com/books/212000/talking-about-death-by-earl-a-grollman/">https://www.penguinrandomhouse.com/books/212000/talking-about-death-by-earl-a-grollman/</a>
Grief - child	When a parent is sick: Helping parents explain serious illness to children (8)	Hamilton, Joan	2001 Pottersfield Press	Book	This book provides parents and other caregivers with suggestions on how to approach children with the information that their parent is seriously ill. Joan Hamilton is a clinical nurse specialist in cancer care at the Queen Elizabeth II Health Sciences Centre in Halifax, Nova Scotia. She has worked with cancer patients and their family over the last 20 years. <a href="https://www.virtualhospice.ca/en_US/Main+Site+Navigation/Home/Support/Resources/Books_+Links_+and+More/Children_+About/Books/When+a+Parent+is+Sick.aspx">https://www.virtualhospice.ca/en_US/Main+Site+Navigation/Home/Support/Resources/Books_+Links_+and+More/Children_+About/Books/When+a+Parent+is+Sick.aspx</a>
Grief - child	Lost for words: Loss and bereavement awareness training	Holland, J, et al	2005 Jessica Kingsley Publishers	Book	Lost for Words is an innovative "loss awareness" training package designed for teachers and carers supporting children who are experiencing bereavement, be it through death or any other kind of loss. Developed from collaborative multi-agency and multi-professional work with psychologists, educationalists, social workers and nurses, this package is designed for use by trainers over the course of a day, or over several days. It offers trainers and course delegates crucial guidance, soundly underpinned by research carried out with bereaved children and their parents, in schools, and by the "Iceberg" project at the University of York. Divided into fundamental "stand-alone" topics, from children's understanding of death and death as taboo to changes in learning and behaviour, these topic areas can be taught separately or together as required. The training is intended to be interactive and includes many group activities. All the required resources are included with the pack, including templates for OHP transparencies, handouts for trainees and a bibliography for further reading. This much-needed training package is an essential resource for teachers, social workers, psychologists and all those caring for and working with children. <a href="https://www.goodreads.com/book/show/2506061.Lost_for_Words">https://www.goodreads.com/book/show/2506061.Lost_for_Words</a>

Grief - child	When children grieve: For adults to help children deal with death, divorce, pet loss, moving, and other losses	James, John W	2001 Quill	Book	Following deaths, divorces, or the confusion of major relocation, many adults tell their children "don't feel bad." In fact, say the authors of the highly praised <i>The Grief Recovery Handbook</i> , feeling bad or sad is precisely the appropriate emotion attached to sad events. Encouraging a child to bypass grief without completion can cause unseen long-term damage. When <i>Children Grieve</i> helps parents break through the misinformation that surrounds the topic of grief. It pinpoints the six major myths that hamper children in adapting to life's inevitable losses. Practical and compassionate, it guides parents in creating emotional safety and spells out specific actions to help children move forward successfully. <a href="https://www.harpercollins.ca/9780060084295/when-children-grieve/">https://www.harpercollins.ca/9780060084295/when-children-grieve/</a>
Grief - child	Helping children cope with the loss of a loved one: A guide for grownups	Kroen, William C	1996 Free Spirit Publishing	Book	Dr. William Kroen offers sound advice, comfort and compassion to any adult helping a child cope with death. Weaving in anecdotes about real children and their families, he explains how children from infancy through age 18 perceive and react to death and offers suggestions for how to respond to children at different ages and stages. Specific strategies are offered to guide and support them through the grieving process. <a href="https://www.goodreads.com/book/show/130997.Helping_Children_Cope_with_the_Loss_of_a_Loved_One">https://www.goodreads.com/book/show/130997.Helping_Children_Cope_with_the_Loss_of_a_Loved_One</a>
Grief - child	Ten needles	Latulippe, Martin	2007 Faye Editions	Book	The touching story of a 13-year-old young man stricken with cancer who continues to remind us of the importance of living each day as if it were our last. <a href="https://www.goodreads.com/book/show/25315804-ten-needles">https://www.goodreads.com/book/show/25315804-ten-needles</a>
Grief - child	Creative interventions for bereaved children	Lowenstein, Liana	2006 Champion Press	book	A uniquely creative compilation of activities to help bereaved children express feelings of grief, diffuse traumatic reminders, address self-blame, commemorate the deceased, and learn coping strategies. Includes special activities for children dealing with the suicide or murder of a loved one. It covers a theoretical overview for practitioners, tips for caregivers and schools, and a ten-week curriculum for use in therapy or support groups. An invaluable resource for grief counselors, group facilitators, and school personnel. <a href="http://www.lianalowenstein.com/book_3.html">http://www.lianalowenstein.com/book_3.html</a>
Grief - child	How to help children through a parent's serious illness	McCue, Kathleen	1994 St Martin's Press	Book	<i>How to Help Children Through a Parent's Serious Illness</i> has become the standard work on an important subject. A classic for over fifteen years, it continues to be a go-to book for supportive, practical advice, based on the lifetime experience and clinical practice of one of America's leading child life practitioners. <a href="https://us.macmillan.com/books/9780312697686">https://us.macmillan.com/books/9780312697686</a>
Grief - child	Preparing the children	Nussbaum, Kathy	1998	Book	<i>Preparing the Children</i> has been a leading resource for families facing serious illness and death for many years. It is written in a clear and simple style for families with limited time and energy. It gives information about children's needs starting from the time a serious illness is diagnosed. It gives medical information about what to expect based on the author's experience as a hospice nurse. It offers hundreds of practical ideas of ways to meet children's needs. It has many photos showing real families experiencing serious illness and death. <a href="http://www.preparingthechildren.net/TheBook.php">http://www.preparingthechildren.net/TheBook.php</a>
Grief - child	Helping teens work through grief	Perschy, Mary Kelly	2004 Taylor & Francis	Book	This book is a valuable guide to help adults connect with grieving teens. The reader will find background information, along with many specific activities to help teens reflect upon and talk about their particular concerns. There are also ideas for creating a balance as the teen adjusts to the many changes brought by the loss of someone close. Issues of grief are introduced through drawing, molding clay, painting, movement, writing, listening to music, as well as talking in pairs and as a group. This wide variety of activities allows the adult to choose whatever activities are most appropriate for a particular group. This resource provides busy teachers, counselors, psychologists, hospice personnel, and religious youth workers with the necessary information to work with teens in a group setting or support an individual teen touched by grief. In a less formal setting, this book could serve as a guide for a concerned neighbor or family member who already has a rapport with a grieving teen on the healing journey toward wholeness. <a href="https://www.goodreads.com/book/show/2926051-helping-teens-work-through-grief">https://www.goodreads.com/book/show/2926051-helping-teens-work-through-grief</a>
Grief - child	What children need when they grieve: The four essentials - routine, love, honesty and security	Rathkey, Julia Wilcox	2004 Three Rivers Press	Book	When Julia Wilcox Rathkey lost her husband, her three children lost their father. Within hours, it became sharply clear that each child--a twelve-year-old daughter and twin ten-year-old sons--would grieve the loss in a radically different way. While one harbored anger, another experienced denial, and the third was gripped with fear. Rathkey quickly determined that each youngster would require a different response from the adults in their lives, particularly from her. But despite the array of emotions and reactions, Rathkey arrived at four essentials that each child would need: routine, love, honesty, and security. These four concepts, however simple, are crucial for those who want to successfully guide their children through one of the most passages they may face in life: the loss of a loved one. <a href="https://www.penguinrandomhouse.ca/books/190507/what-children-need-when-they-grieve-by-julia-wilcox-rathkey/9780307549136">https://www.penguinrandomhouse.ca/books/190507/what-children-need-when-they-grieve-by-julia-wilcox-rathkey/9780307549136</a>

Grief - child	Thank you for coming to say goodbye: Involving children in funeral services	Roberts, J & Johnson, J	1994 Centering Corporation	Book	description not available
Grief - child	Grief in school communities: Effective support strategies	Rowling, Louise	2003 Open University Press	Book	Instead of presenting a targeted intervention for young people at risk, this book emphasizes helping all of the school population in a variety of ways, involving critical incident management plans, pastoral care structures, teacher training, and links with outside agencies. The school is located at the centre of a carefully planned network of support. Rowling's 20 years of research into loss and grief in schools is reflected in her deep understanding of the needs and experience of school personnel, students and their families. <a href="https://www.cambridge.org/core/journals/journal-of-psychologists-and-counsellors-in-schools/article/abs/grief-in-school-communities-effective-support-strategies-by-l-rowling-2003-buckingham-open-university-press-196-pp-isbn-0335211151-45/B4ABCE9B6E3226C102DA98CE395FB842">https://www.cambridge.org/core/journals/journal-of-psychologists-and-counsellors-in-schools/article/abs/grief-in-school-communities-effective-support-strategies-by-l-rowling-2003-buckingham-open-university-press-196-pp-isbn-0335211151-45/B4ABCE9B6E3226C102DA98CE395FB842</a>
Grief - child	What we don't discuss: A teachers guide to death and dying (2)	Saunders, Laura	2007 Pacific Edge	Book	Contents : Introduction. 1. Why do teachers have a role? 2. What children know about death. 3. Helping children understand death. 4. Common misconceptions. 5. Children and grief. 6. Helping children grieve. 7. Multicultural awareness. 8. Tough questions. 9. When a pet dies. 10. When a loved one dies. 11. When a child dies. 12. When a teacher dies. 13. Children with terminal illness. 14. Children and the military. 15. Coping with tragedy. 16. Helping parents. 17. Helping yourself. 18. Teachable moments. 19. Artistic expression. Conclusion. "Laura Saunders was born in Ottawa, Ontario but now resides in Halifax, Nova Scotia. She has worked in Palliative Care for several years and as a Grief Counselor for children and adults dealing with loss. She began to recognize the need for teacher education on the topic while becoming a teacher herself, having no education or even discussions on the topic. <a href="https://www.doullbooks.com/product/127553/What-We-Dont-Discuss-A-Teachers-Guide-to-Death-and-Dying-First-Edition-signed">https://www.doullbooks.com/product/127553/What-We-Dont-Discuss-A-Teachers-Guide-to-Death-and-Dying-First-Edition-signed</a>
Grief - child	Tiny boat at sea, A	Smith, Izetta	2000	Booklet	Principles to live by to help a child when a parent is diagnosed with cancer
Grief - child	Tender topics	Stoltz, D, Czarnecki, E & Kahn, B	2013 Huron Street Press	Book	
Grief - child	Good Grief: Helping groups of children when a friend dies	Sutherland Fox, Sandra	1988 The New England Association for the Education of Young Children	Book	description not available
Grief - child	Child's view of grief, A (5)	Wolfelt, Alan	2004 Companion	book	In this informative, easy-to-read booklet, Dr. Wolfelt explains how children and adolescents grieve after someone loved dies and offers helping guidelines for caregiving adults. His message is that grieving children are especially deserving of an emotional environment of love and acceptance. A must-read for adults who want to help the young people in their lives cope with grief and go on to become emotionally healthy, life-loving adults themselves. <a href="https://www.centerforloss.com/bookstore/child-s-view-of-grief/">https://www.centerforloss.com/bookstore/child-s-view-of-grief/</a>
Grief - child	Healing your grieving heart - 100 practical ideas for kids	Wolfelt, Alan	2000 Companion Press	Book	With sensitivity and insight, this series offers suggestions for healing activities that can help survivors learn to express their grief and mourn naturally. Acknowledging that death is a painful, ongoing part of life, they explain how people need to slow down, turn inward, embrace their feelings of loss, and seek and accept support when a loved one dies. Each book, geared for mourning adults, teens, or children, provides ideas and action-oriented tips that teach the basic principles of grief and healing. These ideas and activities are aimed at reducing the confusion, anxiety, and huge personal void so that the living can begin their lives again. Included in the books for teens and kids are age-appropriate activities that teach younger people that their thoughts are not only normal but necessary. <a href="https://www.thriftbooks.com/w/healing-your-grieving-heart-for-kids-100-practical-ideas-healing-your-grieving-heart_alan-d-wolfelt/501557/item/13653474/?gclid=CjwKCAjwloCSBhAeEiwA3hVo_TNk8_GnTGZjFRxgzFRG6mi1P4Fj0i8gU7ZgMCTZo0qM7KFrOK8MvxoC2iEQAvD_BwE#idq=13653474&amp;edition=4546417">https://www.thriftbooks.com/w/healing-your-grieving-heart-for-kids-100-practical-ideas-healing-your-grieving-heart_alan-d-wolfelt/501557/item/13653474/?gclid=CjwKCAjwloCSBhAeEiwA3hVo_TNk8_GnTGZjFRxgzFRG6mi1P4Fj0i8gU7ZgMCTZo0qM7KFrOK8MvxoC2iEQAvD_BwE#idq=13653474&amp;edition=4546417</a>

Grief - child	Finding the words	Wolfelt, Alan	2013 Companion Press	Book	It's hard to talk to children and teens about death and dying, particularly when someone they love has died or might die soon. Our instinct as caring adults may be to shelter them from painful truths. Yet as Dr. Wolfelt emphasizes, what kids need most is our honesty and our loving presence. This practical and compassionate handbook includes dozens of suggested phrases to use with preschoolers, school-agers, and teenagers as you explain death in general or the death of a parent, a sibling, a grandparent, or a pet. Other chapters include possible words and ideas to draw on when you are talking to kids about a death by suicide, homicide, or terminal illness. At times grown-ups must also have very difficult conversations with dying children; this book offers guidance. A final chapter discusses how to talk with kids about funerals, burial, and cremation. < <a href="https://www.centerforloss.com/bookstore/finding-the-words/#:~:text=Wolfelt%20emphasizes%2C%20what%20kids%20need,a%20grandparent%2C%20or%20a%20pet.">https://www.centerforloss.com/bookstore/finding-the-words/#:~:text=Wolfelt%20emphasizes%2C%20what%20kids%20need,a%20grandparent%2C%20or%20a%20pet.</a> >
Grief - child	Healing your grieving heart for teens	Wolfelt, Alan	2001 Companion Press	Book	When you're a teen, the death of someone you love can be especially difficult. Being a teen is hard enough; being a grieving teen can feel completely overwhelming. This book was written to help you understand and deal with your own unique grief. It gives you lots of really simple, practical ideas and suggested activities. Flip to any page and help yourself on your journey through grief today. In this compassionate book for grieving teenagers, Dr. Wolfelt speaks honestly and straightforwardly to teens, affirming their thoughts and feelings and giving them dozens of teen-friendly ideas for understanding and coping with their grief. < <a href="https://www.centerforloss.com/bookstore/healing-your-grieving-heart-for-teens/">https://www.centerforloss.com/bookstore/healing-your-grieving-heart-for-teens/</a> >
Grief - child	Healing a teen's grieving heart	Wolfelt, Alan	2001 Companion Press	Book	If you want to help a grieving teen but aren't sure how, this book offers 100 practical, realistic ideas and suggested ideas. It's simple, easy-to-use format makes it an ideal resource for parents, aunts, and uncles, grandparents, teachers, coaches and others who want to help a teen in grief. Some of the ideas teach about teenagers' unique mourning styles and needs. Other ideas suggest simple activities and tips for relating to and spending time with the grieving teen. Flip to any page and begin helping the grieving teen today. < <a href="https://www.centerforloss.com/bookstore/healing-a-teen-s-grieving-heart/">https://www.centerforloss.com/bookstore/healing-a-teen-s-grieving-heart/</a> >
Grief - child	Journey through grief and loss, The: Helping yourself and your child when grief is shared	Zucker, Robert	2009 St Martin's Griffin	Book	When adults face a significant loss, they must grapple with their own profound grief, and they are often called upon to nurture and support their grieving children. This is the first book to address this very common dual grieving challenge. As a practicing psychotherapist for twenty-nine years, Robert Zucker can offer parents and other concerned readers important insights into managing their own grief while supporting their grieving children. < <a href="https://www.grievingchildrenlighthouse.org/index.php/component/k2/the-journey-through-grief-and-loss">https://www.grievingchildrenlighthouse.org/index.php/component/k2/the-journey-through-grief-and-loss</a> >
Grief - child	Helping children cope with death		1997 The Dougy Center for Grieving Children	Book	This guidebook offers a comprehensive, easy-to-read overview of how children grieve and strategies to support them. Based on Dougy Center's work with thousands of grieving children and their families, you will learn how children understand death, how to talk with children about death at various developmental stages, how to be helpful, and when to seek outside help. This book is useful for parents, teachers, helping professionals, and anyone trying to support a grieving child. < <a href="https://dougybookstore.org/products/helping-children-cope-with-death">https://dougybookstore.org/products/helping-children-cope-with-death</a> >
Grief - child	Helping teens cope with death (2)		2000 The Dougy Center for Grieving Children	Book	Adolescence is a period of profound changes. When a teen encounters a death, the natural turmoil that comes with being an adolescent is compounded. You will learn how death uniquely impacts teenagers and what you can do to help. This practical guide explains grief responses of teenagers, specific challenges grieving teens face, and offers advice from bereaved parents on how to support your adolescent and how to determine when professional help is needed. < <a href="https://www.goodreads.com/book/show/775476.Helping_Teens_Cope_with_Death">https://www.goodreads.com/book/show/775476.Helping_Teens_Cope_with_Death</a> >
Grief - child	Helping teens cope with death		The Dougy Center for Grieving Children	video	<i>Helping Teens Cope with Death</i> (21 minutes) is a window into the lives of six grieving teens who attended peer support groups at Dougy Center: The National Grief Center for Children & Families. The video and 12-page companion guide provide insight to the thoughts, feelings, and changes that teens often experience. The video and guide are a resource for training purposes, or for general viewing by teens, parents, therapists, counselors, and others. < <a href="https://dougybookstore.org/products/helping-teens-cope-with-death-video?pr_prod_strat=copurchase&amp;pr_rec_id=e5742a337&amp;pr_rec_pid=6690781266071&amp;pr_ref_pid=6690781331607&amp;pr_seq=uniform">https://dougybookstore.org/products/helping-teens-cope-with-death-video?pr_prod_strat=copurchase&amp;pr_rec_id=e5742a337&amp;pr_rec_pid=6690781266071&amp;pr_ref_pid=6690781331607&amp;pr_seq=uniform</a> >
Grief - child	Helping the grieving student: A guide for teachers		2000 The Dougy Center for Grieving Children	Book	At some point, every teacher will encounter a student who has been affected by a death. Unfortunately, most educators do not receive training in how to support grieving children and teens. This guidebook is an essential resource for elementary, middle and high school teachers, offering practical tips and step-by-step information about what to say and do (and what NOT to say and do) following a death. It also contains information on developmental issues affecting different age groups and activities for classroom use. < <a href="https://www.goodreads.com/book/show/3686356-helping-the-grieving-student">https://www.goodreads.com/book/show/3686356-helping-the-grieving-student</a> >

Grief - child	Teacher's guide to the grieving student, A: Guidelines and suggestions for school personnel Grades K-12		1995 Hospice of Lancaster County	Booklet	description not available
Grief - child	What about the kids?: Understanding their needs in funeral planning and services		1999 The Dougy Center	Book	This book addresses the best practices for funeral and memorial services with children and teens. Learn how to include children in these rituals and creative ways to involve them in the process. You will find suggestions from children and teens about what was helpful and unhelpful about the funeral or memorial service they attended. <a href="https://dougycastle.org/products/what-about-the-kids-understanding-their-needs-in-funeral-planning-services">https://dougycastle.org/products/what-about-the-kids-understanding-their-needs-in-funeral-planning-services</a>
Grief - child	Understanding suicide, supporting children		The Dougy Center	video	"For anyone who has ever doubted the capacity of children to integrate the experience of a loved one's suicide, "Understanding Suicide: Supporting Children" offers powerful, moving, and reassuring testimony that this is exactly what they're capable of when their experiences and feelings are addressed openly and honestly in an age-appropriate manner. Whether you're a clinician, parent, or a teacher faced with a child who is dealing with a loved one's suicide, this film provides us with a compelling message of hope and healing: supporting a child or adolescent through their healing journey will help us all stretch and grow while we play an important role in reducing the increased risk of suicide for the most vulnerable suicide loss survivors." Christine Moutier, M.D., Chief Medical Officer, American Foundation for Suicide Prevention < <a href="https://dougycastle.org/products/understanding-suicide-supporting-children-video-2020">https://dougycastle.org/products/understanding-suicide-supporting-children-video-2020</a> >
Grief - child	Trauma, loss and bereavement		MADD	Booklet	
Clinical	Palliative social work	Altilio, T. and Otis-Green, S.	2011 Oxford University Press	Book	Cleverly organized around settings, populations, diagnoses, interventions which enhances readers' connections to the subject; learning experiences are created by real life narratives, exercises, and resources link theory; emphasis on the ethics and social justice aspects of healthcare provides context and understanding of equity in social work and palliative care situations; provides readers a historical perspective and framework to enrich and inform future practice and policy; specific interventions detailed for social workers to build skills for effective practice; chapters written by international experts broaden readers' perspectives. < <a href="https://global.oup.com/academic/product/the-oxford-textbook-of-palliative-social-work-9780197537855?cc=ca&amp;lang=en&amp;">https://global.oup.com/academic/product/the-oxford-textbook-of-palliative-social-work-9780197537855?cc=ca&amp;lang=en&amp;</a> >
Clinical	Social perspectives on death and dying	Auger, J.	2007 Fernwood	Book	While death is an inevitable happening in all our lives, the perspectives that we hold about death and dying are socially constructed. This text takes us through the maze of issues, both social and personal, which surround death and dying in our country. The author invites us not to just peek at issues of death and dying but to open our eyes wide and examine how Canadian cultures deal with those concepts. In this new updated edition, Auger challenges us to examine our own thoughts, feelings and fears—our own experience—of the death and dying phenomena. < <a href="http://cup.columbia.edu/book/social-perspectives-on-death-and-dying-2nd-edition/9781552662380">http://cup.columbia.edu/book/social-perspectives-on-death-and-dying-2nd-edition/9781552662380</a> >
Clinical	Other side of sadness, The: What the new science of bereavement tells us about life after loss (2)	Bonanno, George A	2009 Basic Books	Book	in <i>The Other Side of Sadness</i> , George Bonanno shows that our conventional model discounts our capacity for resilience. In fact, he reveals that we are already hardwired to deal with our losses efficiently—not by graduating through static phases. Weaving in explorations of mourning rituals and the universal experiences of the death of a parent or child, Bonanno examines how our inborn emotions—anger and denial, but also relief and joy—help us deal effectively with loss. And grieving goes beyond mere sadness: it can deepen interpersonal connections and often involves positive experiences. In the end, mourning is not predictable, but incredibly sophisticated. Combining personal anecdotes and original research, <i>The Other Side of Sadness</i> is a must-read for those going through the death of a loved one, mental health professionals, and readers interested in neuroscience and positive psychology. <a href="https://www.goodreads.com/en/book/show/6482487">https://www.goodreads.com/en/book/show/6482487</a>

Clinical	Loss, trauma, and resilience: Therapeutic work with ambiguous loss	Boss, P.	2006 WW Norton & Company	Book	All losses are touched with ambiguity. Yet those who suffer losses without finality bear a particular burden. Whether it is the experience of caring for a parent in the grip of Alzheimer's or waiting to learn the fate of a spouse gone missing in a disastrous event, the painful loss is coupled with a lack of closure. Bereft of rituals and social support, persons who experience such ambiguous losses find it hard to understand their situation, difficult to cope, and almost impossible to move ahead with their lives. In <i>Loss, Trauma, and Resilience</i> , Boss, the principal theorist of the concept of ambiguous loss, offers new concepts and clinical practices for addressing this critical psychological experience that, in one form or another, touches all of our experiences of loss. Boss draws on research and extensive clinical experience working with families in order to frame a powerful but flexible therapeutic approach. The fundamental goal is to guide readers in the task of building resilience when faced with the trauma of loss without resolution. In Part I readers are introduced to the concept of ambiguous loss and shown how such losses relate to concepts of the family, definitions of trauma, and capacities for resilience. Over the course of these first three chapters, Boss updates and expands her earlier understanding of ambiguous loss. She does so in a way that not only refines the character of the phenomenon but relates ambiguous loss to other critical psychological and therapeutic categories. In Part II Boss leads readers through the various aspects of and target points for working with those suffering ambiguous loss. From meaning to mastery, identity to ambivalence, attachment to hope--these chapters cover key states of mind for those undergoing ambiguous loss. She then offers techniques for fostering in clients a healthy and sustainable posture toward loss. Readers are encouraged to lead clients toward modifications of their more typical inclinations to control their situation. The fundamental therapeutic lesson is to learn to live with ambiguity and thereby nurture resilience in clients and their families. The Epilogue addresses directly the therapist and his or her own ambiguous losses. Closing the circle of the therapeutic process, Boss shows therapists how fundamental their own experiences of loss are to their own clinical work. In <i>Loss, Trauma, and Resilience</i> , Boss provides the therapeutic insight and wisdom that aids mental health professionals in not "going for closure" but rather building strength and acceptance of ambiguity. What readers will find is a concrete therapeutic approach that is at once directive and open to the complex contexts in which people find meaning and discover hope in the face of loss. < <a href="https://psycnet.apa.org/record/2006-01100-000">https://psycnet.apa.org/record/2006-01100-000</a> >
Clinical	Transitions in dying and bereavement: A psychological guide for hospice and palliative care (2)	Cairns, M., Thompson, M., and Wainwright, W.	2003 Health Professions Press	Book	Find the words—and the deeds—to meet the psychosocial needs of chronically ill and dying people, their families, and caregivers in this first-ever strengths-based, step-by-step guide through the labyrinthine process from diagnosis to death to bereavement. <i>Transitions in Dying and Bereavement</i> puts a human face on a difficult yet unavoidable topic. This book comprehensively and compassionately covers the key transitions that dying people and their families face and the most effective interventions to facilitate the transitions. Employing their many years of experience in hospice and palliative care, this team of counselors and other health care professionals provides: clear explanations of current theory and research related to hospice, palliative, and bereavement care ways to help alleviate anxiety, fear, fatigue, and feelings of denial and powerlessness ways to improve communication about the experience of dying help in planning for death the Palliative Performance Scale, a functional assessment tool sensitive explanations on navigating the three phases of grief perspectives on difficult issues such as body image, sexuality, and intimacy multicultural and interdenominational perspectives on death and dying ways to support staff and much more! Activities, exercises, case studies, personal essays, poetry, and illustrations are liberally and strategically located throughout the text, forming the perfect in-service, classroom, or professional development tool for nurses, physicians, counselors, social workers, allied health professionals, volunteers, and others who work with people traversing the end-of-life experience. < <a href="https://www.goodreads.com/book/show/902907.Transitions_in_Dying_and_Bereavement">https://www.goodreads.com/book/show/902907.Transitions_in_Dying_and_Bereavement</a> >
Clinical	Time to live, time to die	Cameron, Jean	1987 Lancelot	book	<i>no description available</i>
Clinical	Illness, crisis and loss, Vol. 18, No. 1/2010	Center for Death Education & Bioethics	2010 Baywood Publishing		no description available

Clinical	Men don't cry ... women do: Transcending gender stereotypes of grief	Doka, Kenneth & Martin, Terry L	2000 Routledge	Book	Do men and women grieve differently? This text, while emphasizing that there are many ways to cope with grief, offers a refreshing change from the popular gender stereotypes of grief. Two patterns of grieving are described: an intuitive pattern where individuals experience and express grief in an affective way (stereotyped as female); and an instrumental pattern where grief is expressed physically or cognitively (stereotyped as male). A third pattern representing a blending of these two is also introduced. Of critical importance is that such patterns are related to, but not determined by, gender; and each has distinct strengths and weaknesses. <a href="https://www.amazon.ca/Men-Dont-Cry-Women-Transcending/dp/0876309953">https://www.amazon.ca/Men-Dont-Cry-Women-Transcending/dp/0876309953</a>
Clinical	Critical reflection in context: Applications in health and social care	Fook, J. & Gardner, Fiona	2013 Routledge	Book	Critical reflection enables practitioners – especially those within health and social care –to theorise from their own practice, improving and developing their work and practising both creatively and professionally. This book provides an accessible overview of the influential Fook/Gardner Critical Reflection framework for students, researchers and professionals. It then presents a wide range of illustrative case studies from a variety of different health and social care settings, demonstrating how it can be used in effective and innovative practice around the world. By highlighting how professionals are actually using the Fook/Gardner model of critical reflection, it shares practical and resourceful ideas and provides specific theoretical and practical guidelines for use. It also further conceptualises and develops the theory of critical reflection by articulating underlying theory used in practice. The book also draws out particular issues for how critical reflection might be better practised within organisations, and develops a framework for a better understanding of this. The book is divided into four parts, discussing critical reflection in: professional practice, supervision and management, research, and education. Including an up-to-date overview of the framework written by Jan Fook, this helpful text makes a significant contribution in terms of the practical theorizing of critical reflection. It will be of use to health and social care professionals keen to practice creatively and effectively, especially those undertaking short courses or further development in supervision, critical reflection, advanced practice, and leadership and management. < <a href="https://www.routledge.com/Critical-Reflection-in-Context-Applications-in-Health-and-Social-Care/Fook-Gardner/p/book/9780415684255">https://www.routledge.com/Critical-Reflection-in-Context-Applications-in-Health-and-Social-Care/Fook-Gardner/p/book/9780415684255</a> >
Clinical	Narrative and stories in health care: Illness, dying and bereavement	Gunaratnam, Y., and Oliviere, D.	2009 Oxford University Press	Book	The use of narrative methods has a long history in palliative care, pioneered by Dame Cicely Saunders, founder of the modern hospice movement. This book provides a multidisciplinary examination of work with narrative and stories in contemporary health and social care, with a focus on the care of people who are ill and dying. It animates the academic literature with 'real-world' examples from international contributors, including palliative care service users and those working in the social and human sciences, medicine, theology, and the creative arts. The book addresses and clarifies core issues: What is a narrative? What is a story? What are some of the main methods and models that can be used and for what purposes? What practical and ethical dilemmas can the methods entail in work with illness, death, and dying? As well as highlighting the power of stories to create new possibilities, the book also acknowledges the conceptual, methodological, and ethnical problems and challenges inherent in narrative work. As the hospice and palliative care movement evolves to meet the challenges of 21st century health care, this book highlights how narratives and stories can be attended to in ways that are productive, ethical, and caring. < <a href="https://oxford.universitypressscholarship.com/view/10.1093/acprof:oso/9780199546695.001.0001/acprof-9780199546695">https://oxford.universitypressscholarship.com/view/10.1093/acprof:oso/9780199546695.001.0001/acprof-9780199546695</a> >
Clinical	When professionals weep: Emotional and countertransference responses in palliative and end of life care	Katz, RS & Johnson, TA	2006 Taylor & Francis	Book	<i>When Professionals Weep</i> speaks to the humbling and often transformational moments that clinicians experience in their careers as caregivers and healers—moments when it is often hard to separate the influence of our own emotional responses and worldviews from the patient's or family's. <i>When Professionals Weep</i> addresses these poignant moments—when the professional's personal experiences with trauma, illness, death, and loss can subtly, often stealthily, surface and affect the helping process. This edition both validates clinicians' experiences and also helps them process and productively address compassion fatigue, burnout, and secondary traumatic stress. <a href="https://www.routledge.com/When-Professionals-Weep-Emotional-and-Countertransference-Responses-in/Katz-Johnson/p/book/9781138884540">https://www.routledge.com/When-Professionals-Weep-Emotional-and-Countertransference-Responses-in/Katz-Johnson/p/book/9781138884540</a>
Clinical	Caring for donor families before, during and after	Maloney, R. & Wolfelt, A.	2001 Companion Press	Book	This updated resource for hospital and organ procurement caregivers goes beyond helping professionals understand the challenges of obtaining consent and invites them to offer compassionate care throughout the family's experience with the death, including the months and years following. Designed to help caregivers become sensitive to the unique needs to donor families, this resource includes information on understanding the family's initial responses, helping families understand brain death, facilitating the donation discussion, assisting families with meaningful leave-taking rituals, understanding long-term grief responses, and establishing an ongoing family support plan. < <a href="https://www.centerforloss.com/bookstore/caring-for-donor-families-before-during-and-after/">https://www.centerforloss.com/bookstore/caring-for-donor-families-before-during-and-after/</a> >

Clinical	In the face of death: Professionals who care for the dying and the bereaved	Papadatou, D.	2009 Springer Publishing	Book	<i>In the face of death</i> explores the experiences of health care professionals who care for the seriously ill, the dying, and the bereaved. In this book, Danai Papadatou offers a practical approach to caregiving, as well as a breadth and depth of insight into both the patient's and the caregiver's responses to death. The author discusses the issues and challenges health care professionals face when treating dying or bereaved patients. Topics include: compassion fatigue, the inevitability of suffering and the potential for growth, suffering in the workplace, team functioning in death situations, and team resilience. The book has three sections. Section I: The Caring Relationship focuses on the relationship between the care provider and the person who is dying or grieving, and proposes a new, relationship-based model of care. Section II: The Care Provider in Death Situations addresses the health professional's personal responses to death, using a model that illustrates the grieving process of the health professional. Section III: The Team in the Face of Death provides recommendations for effective, interdisciplinary care services that support dying or bereaved patients as well as the health care provider. < <a href="https://psycnet.apa.org/record/2009-06992-000">https://psycnet.apa.org/record/2009-06992-000</a> >
Clinical	The art of grief: the use of expressive arts in a grief support group	Rogers, E.	2007 Routledge	Book	Art and other expressive therapies are increasingly used in grief counseling, not only among children and adolescents, but throughout the developmental spectrum. Creative activities are commonly used in group and individual psychotherapy programs, but it is only relatively recently that these expressive modalities have been employed within the context of clinical grief work in structured settings. These forms of nonverbal communication are often more natural ways to express thoughts and feelings that are difficult to discuss, particularly when it comes to issues surrounding grief and loss. Packed with pictures and instructional detail, this book includes an eight-session curriculum for use with grief support groups as well as alternative modalities of grief art therapy.
Clinical	Health care needs assessment: The epidemiologically based needs assessment reviews	Stevens, A. & Raftery, J.	1997 Radcliffe Medical Press		This new resource in the series provides vital perspectives across entire new disease and service areas not previously covered in other volumes. The books of the first and second series are well established as the key sources of data on needs assessment. Together, they describe the central role and aim of health care needs assessment in the National Health Service. The epidemiological approach to needs assessment is explained thoroughly, and is then applied to the effectiveness and availability of services. This definitive guide is ideal for all those involved in commissioning health care. It is invaluable for public health professionals, epidemiology and public health academics, and students of public health and epidemiology. Key reviews of the First Series: "An excellent balanced account...the definitive resource" - "Journal of the Association for Quality in Healthcare". "Excellent...it should be delved into deeply" - "Pharmaceutical Times". "This excellent work moves us closer to implementing a market in health care" - "British Medical Journal". < <a href="https://www.routledge.com/Health-Care-Needs-Assessment-The-Epidemiologically-Based-Needs-Assessment/Stevens-Raftery-Mant-Simpson/p/book/9780367446352">https://www.routledge.com/Health-Care-Needs-Assessment-The-Epidemiologically-Based-Needs-Assessment/Stevens-Raftery-Mant-Simpson/p/book/9780367446352</a> >
Clinical	Helping professions guide to end of life care; Practical tools for emotional, social and spiritual support for the dying	Strada, E Alessandra	2013 New Harbinger Publications	Book	This guide was created specifically to guide helping professionals of all kinds through the process of working through patients' psychological issues to allow them peace and comfort in their final moments. Nearly half of people at the end of life will receive hospice care, but few psychologists, nurses, physicians, chaplains, and hospice workers have been trained specifically to recognize and address the psychological, social, and emotional issues that may arise in patients who are dying. Patients in the midst of advanced terminal illness may experience a variety of distressing emotions, and may feel anxious, frightened, regretful, or desperate. This guide was created specifically to guide helping professionals of all kinds through the process of working through patients' psychological issues to allow them peace and comfort in their final moments. The Helping Professional's Guide to End-of-Life Care clarifies the spiritual and emotional care that patients need and presents an evidence-based approach integrating cognitive behavioral therapy (CBT), transpersonal psychotherapy, hypnosis, mindfulness, and guided imagery to help patients manage emotional distress at the end of life. Through case conceptualizations and detailed treatment planning guidance, readers learn to formulate comprehensive assessment and treatment plans for patients and gain skills that will help them manage the emotional intensity of this work. This secular, professional treatment model can be applied to patients of any religious or spiritual background. The book also addresses integrating the patient's therapeutic team with the medical team, addressing the emotional needs of friends and family of the dying, crisis intervention for suicidal patients, working with clients on psychotropic medications, and how helping professionals can manage their own emotions to become more effective clinicians. <a href="https://www.therapeuticresources.com/TheHelpingProfessional'sGuideto%20End-of-LifeCare9781608821990WhenNatureCalls2020WallCalendar.html">https://www.therapeuticresources.com/TheHelpingProfessional'sGuideto%20End-of-LifeCare9781608821990WhenNatureCalls2020WallCalendar.html</a>

Clinical	Loss and bereavement: Managing change	Weston, R., Martin, T., and Anderson, Y.	1998 Blackwell Science	Book	Part 1 The philosophical framework for loss and bereavement, education and managing change: philosophical and ethical frameworks for teaching loss and bereavement methods of teaching and learning for loss and bereavement theoretical framework for understanding loss the helping process. Part 2 Domination and force: bullying violence sexual crime anger. Part 3 Tragedy and uncertainty: death of a child organ donation personal morality unemployment and redundancy suicide mass disaster and trauma - post-traumatic stress syndrome. Part 4 Coping mechanisms in difficult situations: emotional IQ/feeling good assertiveness grieving - the individual or community mourning process the holding process summary. < <a href="https://www.semanticscholar.org/paper/Loss-and-bereavement-%3A-managing-change-Weston-Martin/e50d1fde8ea5ff872c8f90cc446692ed639ba3d3">https://www.semanticscholar.org/paper/Loss-and-bereavement-%3A-managing-change-Weston-Martin/e50d1fde8ea5ff872c8f90cc446692ed639ba3d3</a> >
Clinical	Dying, death and bereavement in social work practice: Decision cases for advanced practice	Wolfer, T., and Runnion, V.	2008 Columbia University Press	Book	Practitioners who work with clients at the end of their lives face difficult decisions concerning the client's self-determination, the kind of death he or she will have, and the prolongation of life. They must also remain sensitive to the beliefs and needs of family members and the legal, ethical, and spiritual ramifications of the client's death. Featuring twenty-three decision cases based on interviews with professional social workers, this unique volume allows students to wrestle with the often incomplete and conflicting information, ethical issues, and time constraints of actual cases. Instead of offering easy solutions, this book provides detailed accounts that provoke stimulating debates among students, enabling them to confront their own responses, beliefs, and uncertainties to hone their critical thinking and decision making skills for professional practice. < <a href="http://cup.columbia.edu/book/dying-death-and-bereavement-in-social-work-practice/9780231141758">http://cup.columbia.edu/book/dying-death-and-bereavement-in-social-work-practice/9780231141758</a> >
Clinical	Grief counseling & grief therapy: A handbook for mental health practitioners	Worden, J. William	1991 Springer Publishing	book	The idea for this book came out of a series of workshops that the author presented at the University of Chicago for mental health professionals who spent 2 days of continuing education time exploring their own loss history as well as learning a model—the task model—for understanding grief, bereavement, and the process of mourning. These workshops began in 1976; they were offered twice a year for groups of 100 and were oversubscribed each year. Over time we offered such workshops in other parts of the United States. Grief counseling refers to the interventions counselors make with people recent to a death loss to help facilitate them with the various tasks of mourning. These are people with no apparent bereavement complications. Grief therapy, on the other hand, refers to those techniques and interventions that a professional makes with persons experiencing one of the complications to the mourning process that keeps grief from progressing to an adequate adaptation for the mourner. < <a href="https://psycnet.apa.org/record/2018-26643-000">https://psycnet.apa.org/record/2018-26643-000</a> >
Grief - death of a pet	Marley & me: Life and love with the world's worst dog	Grogan, John	2005 William Morrow	Book	John and Jenny were just beginning their life together. They were young and in love, with a perfect little house and not a care in the world. Then they brought home Marley, a wiggly yellow furball of a puppy. Life would never be the same. Marley quickly grew into a barreling, ninety-seven-pound streamroller of a Labrador retriever, a dog like no other. He crashed through screen doors, gouged through drywall, flung drool on guests, stole women's undergarments, and ate nearly everything he could get his mouth around, including couches and fine jewelry. Obedience school did no good—Marley was expelled. Neither did the tranquilizers the veterinarian prescribed for him with the admonishment, "Don't hesitate to use these." And yet Marley's heart was pure. Just as he joyfully refused any limits on his behavior, his love and loyalty were boundless, too. Marley shared the couple's joy at their first pregnancy, and their heartbreak over the miscarriage. He was there when babies finally arrived and when the screams of a seventeen-year-old stabbing victim pierced the night. Marley shut down a public beach and managed to land a role in a feature-length movie, always winning hearts as he made a mess of things. Through it all, he remained steadfast, a model of devotion, even when his family was at its wit's end. Unconditional love, they would learn, comes in many forms. < <a href="https://www.goodreads.com/book/show/12691.Marley_and_Me">https://www.goodreads.com/book/show/12691.Marley_and_Me</a> >
Grief - death of a pet	When your pet dies: A guide to mourning, remembering and healing	Wolfelt, Alan	2004 Companion	Book	When your pet dies, you may struggle with your grief. You may feel overwhelmed at the depth of your sadness. This book affirms the pet owner's grief and helps you understand why your feelings are so strong. It also offers practical suggestions for mourning—expressing your grief outside of yourself—so that you can heal. Ideas for remembering and memorializing your pet are also included. <a href="https://www.centerforloss.com/bookstore/when-your-pet-dies/">https://www.centerforloss.com/bookstore/when-your-pet-dies/</a>
Grief - holidays	Holiday help: Hope and healing for those who grieve	Graves, S., and Williams, S.	1985 ACCORD Inc		
Grief - Holidays	Holidays and hope	MADD		Pamphlet	
Grief - holidays	Thoughts for the holidays	Manning, Doug	2002 In-Sight Books	Pamphlet	

Grief - holidays	Healing your holiday grief	Wolfelt, Alan	2005 Companion Press	Book	Grieving the death of someone loved is always hard, but during the holiday season it can seem overwhelming. What if you don't feel like keeping up with your usual traditions? How can you cope with your pain when everyone around you is so joyful? How will you face the empty chair at the holiday table? Is it possible to mourn and celebrate at the same time? Healing Your Holiday Grief answers these questions and many more in its practical, one-idea-per-page format. Some of the ideas explore the basic principles of grief and mourning. Others provide ways to honor your unique grief, decide what is important and what isn't, create new traditions, and find hope for a meaningful new year — all while remembering the precious person who died. Topics covered include honoring your thoughts and feelings, giving yourself permission to mourn, deciding what is important and what isn't, creating new traditions, finding ways to de-stress, and incorporating healing rituals into your holidays. Specific, creative tips for blending mourning and celebration are also included. < <a href="https://www.centerforloss.com/bookstore/healing-your-holiday-grief/">https://www.centerforloss.com/bookstore/healing-your-holiday-grief/</a> >
Grief - holidays	Holiday hope: Remembering your loved ones during special times of the year		1998 Fairview Press	Booklet	
Grief - widowhood	Widowed (2)	Brothers, Joyce	1990 Ballantine	Book	In 1989, Dr. Joyce Brothers's husband of more than thirty years, Dr. Milton Brothers, passed away. As a widow, Dr. Brothers found herself emotionally lost and alone, at sea in an ocean of grief -- until she dealt with her despair, overcame her loneliness, and, gradually, put her life back together again. In WIDOWED, Dr. Brothers shares this intimate journey and offers the knowledge she has gained along the way. In her personal, comforting way, Dr. Joyce Brothers describes the very real incidents and feelings that every woman who has lived through the death of a spouse will immediately recognize. Here is compassionate insight on confronting grief and loss, coping with the myriad emotions that bombard a widow, and handling the pain and self-pity that ultimately lead to change. This is the book you can turn to for support, strength, and, most importantly, a glimpse of hope. <a href="https://www.goodreads.com/book/show/1437665.Widowed">https://www.goodreads.com/book/show/1437665.Widowed</a>
Grief - widowhood	Widow to widow: Thoughtful, practical ideas for rebuilding your life (2)	Ginsburg, G	1995 Da Cap Press	Book	From a widow and therapist, a guide to life after losing a husband, with reflections on grief and practical advice. In this remarkably useful guide, widow, author, and therapist Genevieve Davis Ginsburg offers fellow widows -- as well as their family and friends -- sage advice for coping with the loss of a husband. From learning to travel and eat alone to creating new routines to surviving the holidays and anniversaries that reopen emotional wounds, Ginsburg give guidance on: dealing with anger and guilt, maintaining family relationships, dating after widowhood, handling money, responding to others' support, and more. Widow to Widow walks readers through the challenges of widowhood and encourages them on their path to building a new life. <a href="https://www.goodreads.com/en/book/show/327320">https://www.goodreads.com/en/book/show/327320</a>
Grief - widowhood	Beyond coping: Widows reinventing their lives (3)	Hurd, Molly & MacDonald, Margie	2001 Pathway Books	book	The book is an anthology of stories collected by Molly Hurd and Margie Macdonald and written by ordinary women of all ages across Canada who have experienced the loss of their spouse. They have been through the process of grieving, but have gone on to reinvent themselves in some fashion. The process of reinvention takes many forms - for some it involves new careers or achievements, for others it can be as simple as overcoming old fears or taking small steps towards independence. These stories describe many struggles, both internal and external, but the ultimate message is one of inspiration and hope. <a href="https://griefandrenewal.com/articles_reviews_archives.htm#beyond_coping">https://griefandrenewal.com/articles_reviews_archives.htm#beyond_coping</a>
Grief - widowhood	A grief observed (2)	Lewis, CS	1961 Faber and Faber	Book	<i>A Grief Observed</i> probes the "mad midnight moments" of Lewis's mourning and loss, moments in which he questioned what he had previously believed about life and death, marriage, and even God. Indecision and self-pity assailed Lewis. "We are under the harrow and can't escape," he writes. "I know that the thing I want is exactly the thing I can never get. The old life, the jokes, the drinks, the arguments, the lovemaking, the tiny, heartbreaking commonplace." Writing <i>A Grief Observed</i> as "a defense against total collapse, a safety valve," he came to recognize that "bereavement is a universal and integral part of our experience of love." <a href="https://www.goodreads.com/book/show/26077627-a-grief-observed">https://www.goodreads.com/book/show/26077627-a-grief-observed</a>

Grief - widowhood	Death of a wife, The	Vogt, Robert L.	1996 ACTA Publication	book	Death creates a void, but no loss can compare with the death of a spouse. When his wife dies, a grieving husband faces the challenge of rebuilding his life--alone. Friends, neighbors, relatives--even his own children--can offer support and encouragement, but can never replace the bond that existed between husband and wife. This collection of thirty-one brief reflections, remembrances and meditations each considers a different facet of the grieving process. <a href="https://actapublications.com/death-of-a-wife/">https://actapublications.com/death-of-a-wife/</a>
Grief - widowhood	Healing a spouses grieving heart	Wolfelt, Alan	2003 Companion Press	Book	When your spouse dies, your loss is profound. Not only have you lost the companionship of someone you deeply loved, you have lost the person who shared your history, your helpmate, your lover, perhaps your financial provider. Learning to cope with your grief and find continued meaning in life will be difficult, but you can and you will if you embrace the principle set forth in this practical guide by Dr. Wolfelt. This book offers 100 practical, here-and-now suggestions for helping widows and widowers mourn well so they can go on to live well and love well again. Whether your spouse died recently or long ago, you will find comfort and healing in this compassionate book. < <a href="https://www.centerforloss.com/bookstore/healing-a-spouse-s-grieving-heart-100-practical-ideas-after-your-husband-or-wife-dies/">https://www.centerforloss.com/bookstore/healing-a-spouse-s-grieving-heart-100-practical-ideas-after-your-husband-or-wife-dies/</a> >
Grief - widowhood	Life's losses: Living through grief, bereavement and sudden change	Wyllie, Betty Jane	1996 MacMillan Canada	Book	A description of this book was not available, however, a sample of Wyllie's writing on this topic can be found at <a href="https://archive.macleans.ca/article/1974/2/1/at-the-heart-of-a-loss">https://archive.macleans.ca/article/1974/2/1/at-the-heart-of-a-loss</a>
Spiritual	For one more day	Albom, Mitch	2006 Hyperion	book	For One More Day is the story of a mother and a son, and a relationship that covers a lifetime and beyond. It explores the question: What would you do if you could spend one more day with a lost loved one? Through Albom's inspiring characters and masterful storytelling, readers will newly appreciate those whom they love and may have thought they'd lost in their own lives. <a href="https://www.goodreads.com/book/show/10929.For_One_More_Day">https://www.goodreads.com/book/show/10929.For_One_More_Day</a>
Spiritual	On Loss	Bielan, Jack	2002 Winding Stair Press	Book	
Spiritual	Touch of healing, The	Burmeister, Alice	1997 Bantam	Book	The Touch of Healing offers readers the means to greater health, vitality, and self-understanding through the practice of an ancient oriental healing art and practical holistic philosophy called Jin Shin Jytsu. Gentle touching similar to acupressure is used to release tension that accumulates and is at the root of dysfunction, disease, and imbalance. The authors explain the natural life force that runs through the body and demonstrate with case studies, detailed analysis, and more than 30 illustrations, how to integrate this system into one's life. The key healing points and body flows, known as "Safety Energy Locks," are presented with step-by-step instructions on how to utilize them for healing and greater self-awareness. Many self-help practices are also offered that address wide array of common ailments, including headaches, digestive disorders, fatigue, depression, and arthritis along with prescriptive exercises for relief of emotional ailments such as loss of confidence, anxiety, and depression. <a href="https://www.penguinrandomhouse.ca/books/21372/the-touch-of-healing-by-alice-burmeister-with-tom-monte/9780553377842">https://www.penguinrandomhouse.ca/books/21372/the-touch-of-healing-by-alice-burmeister-with-tom-monte/9780553377842</a>
Spiritual	Chicken soup for the soul: Think positive	Canfield, Jack & Hansen, Mark Victor	2010 Chicken Soup	Book	Everyone needs a little attitude adjustment once in a while, and these amazing true life stories reveal how real people used positive thinking to improve their lives and overcome challenges. You'll read stories about how you can make every day a special day, incorporate gratitude and joy into your daily life, count your blessings and change your outlook, use a few well-chosen words to reorient your life, manage cancer and other helath challenges through a positive attitude, simplify and have have a more meaningful life, learn to find the silver lining in every situation, and turn adversity into opportunity. <a href="https://www.simonandschuster.ca/books/Chicken-Soup-for-the-Soul-Think-Positive/Jack-Canfield/9781935096566">https://www.simonandschuster.ca/books/Chicken-Soup-for-the-Soul-Think-Positive/Jack-Canfield/9781935096566</a>
Spiritual	Don't sweat the small stuff ... and it's all small stuff	Carlson, Richard	1997 Hyperion	book	<i>Don't Sweat the Small Stuff... and it's all small stuff</i> is a book that shows you how to keep from letting the little things in life drive you crazy. In thoughtful and insightful language, author Richard Carlson reveals ways to calm down in the midst of your incredibly hurried, stress-filled life. You can learn to put things in perspective by making small daily changes. <a href="https://www.goodreads.com/book/show/170548.Don_t_Sweat_the_Small_Stuff_and_It_s_All_Small_Stuff">https://www.goodreads.com/book/show/170548.Don_t_Sweat_the_Small_Stuff_and_It_s_All_Small_Stuff</a>
Spiritual	Cancer has its privileges: Stories of hope and laughter	Clifford, Christine	2002 Pedigree Books	book	Cancer survivor and founder of The Cancer Club®, Christine Clifford has been sharing her inspiring, humorous outlook on living with cancer with thousands of cancer patients and their families. Now she has gathered a collection of battlefield stories and anecdotes from her fellow survivors that go from the outright hilarious to the downright moving, and combined them with her own personal story of triumphant survival. <a href="https://www.penguinrandomhouse.ca/books/290014/cancer-has-its-privileges-by-christine-clifford/9780399527760">https://www.penguinrandomhouse.ca/books/290014/cancer-has-its-privileges-by-christine-clifford/9780399527760</a>

Spiritual	Prophet, The	Gibran, Kahlil	2008 Alfred A Knopf	Book	The Prophet is a collection of poetic essays that are philosophical, spiritual, and, above all, inspirational. Gibran's musings are divided into twenty-eight chapters covering such sprawling topics as love, marriage, children, giving, eating and drinking, work, joy and sorrow, housing, clothes, buying and selling, crime and punishment, laws, freedom, reason and passion, pain, self-knowledge, teaching, friendship, talking, time, good and evil, prayer, pleasure, beauty, religion, and death. The Prophet is one of the most beloved classics of our time. Published in 1923, it has been translated into more than twenty languages, and the American editions alone have sold more than nine million copies. <a href="https://www.goodreads.com/book/show/2547.The_Prophet">https://www.goodreads.com/book/show/2547.The_Prophet</a>
Spiritual	Dancing between two worlds	Gustafson, Fred R.	1997 Paulist Press	book	In this thought-provoking and sensitive book, a noted Jungian scholar explores the deepest elements in the American psyche that need healing to bring forth the best in both of the worlds we walk in: the highly differentiated and technologically developed Western civilization and the indigenous native soul that is the essence of each human being. The author demonstrates that this soul is forcefully represented in America in the experience of the Native American peoples and their relationship to the land and to the ancient indigenous one at the heart of our human rights. The author explores not only the best of Native American spiritual thought to rediscover that soul, but also the terrible psychic damage done to later settlers by five hundred years of violence against the original peoples. He sketches positive directions that will create a partnership between the two worlds of our past and bring them together in a dance that will encourage a more redemptive spiritual order. <a href="https://www.goodreads.com/book/show/651565.Dancing_Between_Two_Worlds">https://www.goodreads.com/book/show/651565.Dancing_Between_Two_Worlds</a>
Spiritual	Being with dying: Cultivating compassion and fearlessness in the presence of death	Halifax, Joan	2009 Shambala Publishing Inc	book	In this book, Halifax offers lessons from dying people and caregivers, as well as guided meditations to help readers contemplate death without fear, develop a commitment to helping others, and transform suffering and resistance into courage. Her teachings affirm that we can open and contact our inner strength—and that we can help others who are suffering to do the same. Being with Dying is a source of wisdom for anyone who is facing their own death, caring for someone who is dying, or wishing to explore the transformative power of the dying process. <a href="https://www.goodreads.com/book/show/2309183.Being_with_Dying">https://www.goodreads.com/book/show/2309183.Being_with_Dying</a>
Spiritual	Creating spaces for healing and hope (6)	Kingsbury, Valerie Peyton		book	Perhaps if you are dealing with loss or grief, or you are living with death, you will find part of yourself in these pages. Perhaps you will know a moment of peace, or recognition or a sense that you are not alone. If you are someone being called upon to accompany another on the journey, maybe these stories will open your being to the possibilities such an honour affords.
Spiritual	Courage to laugh, The	Klein, Allen	1998 Tarcher/Putnam	book	The Courage to Laugh will be the first book to show how patients use humor to cope when life is threatened, offer hope and encouragement to readers dealing with loss, give readers permission to laugh when they feel like crying, explain how popular culture can ease death-related fears, and provide uplifting quotes and jokes. With poignant wisdom from children, parents, doctors, and nurses, combined with the spirited writing of the author, The Courage to Laugh is a lifesaving tool for everyone experiencing a serious illness and for the people who care for them. <a href="https://www.penguinrandomhouse.ca/books/349756/the-courage-to-laugh-by-allen-klein/9780874779295">https://www.penguinrandomhouse.ca/books/349756/the-courage-to-laugh-by-allen-klein/9780874779295</a>
Spiritual	Who dies?: An investigation of conscious living and conscious dying	Levine, Stephen	1982 Anchor	Book	Examines the modern fear of death and discusses how meditation can be used to overcome this fear, deal with grief, and improve our consciousness. <a href="https://books.google.ca/books/about/Who_Dies.html?id=n4E2T8qU8Q4C&amp;redir_esc=y">https://books.google.ca/books/about/Who_Dies.html?id=n4E2T8qU8Q4C&amp;redir_esc=y</a>
Spiritual	Problem of pain, The	Lewis, CS	1940 HarperCollins	Book	For centuries Christians have questioned why, if God is good and all-powerful, he allows us to suffer pain. C.S. Lewis sets out to disentangle this knotty issue, but adds that, in the end, no intellectual solution can avoid the need for faith. <a href="https://www.goodreads.com/book/show/13650513-the-problem-of-pain">https://www.goodreads.com/book/show/13650513-the-problem-of-pain</a>
Spiritual	Book of awakening, The: Having the life you want by being present to the life you have	Nepo, Mark	2000 Conari Press	book	His spiritual daybook is a summons to reclaim aliveness, liberate the self, take each day one at a time, and to savor the beauty offered by life's unfolding. Encompassing many traditions and voices, Nepo's words offer insight on pain, wonder, and love. Each entry is accompanied by an exercise that will surprise and delight the reader in its mind-waking ability. <a href="https://www.goodreads.com/en/book/show/7581">https://www.goodreads.com/en/book/show/7581</a>
Spiritual	Dana's valley	Oke, Janette	2001 Bethany House Publishing	book	A story of family triumph in the face of adversity, and of how love and hope can overcome even the hardest times. <a href="https://www.goodreads.com/en/book/show/1768106">https://www.goodreads.com/en/book/show/1768106</a>

Spiritual	Last lecture, The	Pausch, Randy	2008 Hyperion	Book	A lot of professors give talks titled 'The Last Lecture'. Professors are asked to consider their demise and to ruminate on what matters most to them: What wisdom would we impart to the world if we knew it was our last chance? If we had to vanish tomorrow, what would we want as our legacy? When Randy Pausch, a computer science professor at Carnegie Mellon, was asked to give such a lecture, he didn't have to imagine it as his last, since he had recently been diagnosed with terminal cancer. But the lecture he gave, 'Really Achieving Your Childhood Dreams', wasn't about dying. It was about the importance of overcoming obstacles, of enabling the dreams of others, of seizing every moment (because time is all you have and you may find one day that you have less than you think). It was a summation of everything Randy had come to believe. It was about living. <a href="https://www.goodreads.com/book/show/40611510-the-last-lecture">https://www.goodreads.com/book/show/40611510-the-last-lecture</a>
Spiritual	Cup of our life, The	Rupp, Joyce	1997 Ave Maria Press	book	The Cup of Our Life is available to anyone seeking a more intimate and disciplined life of prayer. Rupp illustrates how the ordinary cups used each day can become sacred vessels that connect readers with life and bring them into closer union with the Divine. She explores how the cup is a rich symbol of life, with its emptiness and fullness, its brokenness and flaws, and its many blessings. With daily devotions for six weeks, this book is ideal for individual usage as well as group usage in parish settings, religious communities, and small Christian communities. <a href="https://joycerupp.com/the-cup-of-our-life/">https://joycerupp.com/the-cup-of-our-life/</a>
Spiritual	Learning to fall: The blessings of an imperfect life	Simmons, Philip	2000 Bantam	Book	From our first faltering steps, Simmons says, we may fall into disappointment or grief, fall into or out of love, fall from youth or health. And though we have little choice as to the timing or means of our descent, we may, as he affirms, "fall with grace, to grace." With humor, hard-earned wisdom and a keen eye for life's lessons -- whether drawn from great poetry or visits to the town dump -- Simmons shares his discovery that even at times of great sorrow we may find profound freedom. And by sharing the wonder of his daily life, he offers us the gift of connecting more deeply and joyously with our own. <a href="https://www.goodreads.com/book/show/55003.Learning_to_Fall?ac=1&amp;from_search=true&amp;qid=KiOPbbmy1n&amp;rank=2">https://www.goodreads.com/book/show/55003.Learning_to_Fall?ac=1&amp;from_search=true&amp;qid=KiOPbbmy1n&amp;rank=2</a>
Spiritual	Calming the storm: Letting God help you in times of crisis	Stewart, Charles W.	1988 Abingdon Press	book	description not available
Spiritual	Woman's book of confidence, The: Meditations for strength and inspiration	Thoele, Sue Patton	1992 MJF Books	Book	In The Courage to Be Yourself, Thoele helped women overcome emotional dependence. In The Woman's Book of Courage, she helped women find the courage to overcome anxiety and fear. Now, in her new book, she helps women learn to trust their intuitive wisdom and nurture and support themselves every day of their lives. <a href="https://www.goodreads.com/book/show/1703621.The_Woman_s_Book_of_Confidence">https://www.goodreads.com/book/show/1703621.The_Woman_s_Book_of_Confidence</a>
Spiritual	Spontaneous happiness	Weil, Andrew	2011 Little, Brown & co	Book	Weil offers an array of scientifically proven strategies from Eastern and Western psychology to counteract low mood and enhance contentment, comfort, resilience, serenity, and emotional balance. Drawn from psychotherapy, mindfulness training, Buddhist psychology, nutritional science, and more, these strategies include body-oriented therapies to support emotional wellness, techniques for managing stress and anxiety and changing mental habits that keep us stuck in negative patterns, and advice on developing a spiritual dimension in our lives. <a href="https://www.goodreads.com/en/book/show/11542326">https://www.goodreads.com/en/book/show/11542326</a>
Spiritual	Healing after loss: Daily meditations for working through grief	Whitmore, Martha Hickman	1994 Avon Books	Book	For those who have suffered the loss of a loved one, here are thoughtful words to strengthen, inspire and comfort. <a href="https://www.goodreads.com/book/show/68470.Healing_After_Loss">https://www.goodreads.com/book/show/68470.Healing_After_Loss</a>
Spiritual	You are covered in prayer			Pamphlet	
Suicide	Surviving a suicide loss: A financial guide	American Foundation for Suicide Prevention and the National Endowment for Financial Education	2004 American Foundation for Suicide Prevention and the National Endowment for Financial Education	Book	This guide is for survivors who have lost a spouse, parent, child, or other loved one to suicide and need to make financial decisions regarding their loss. The guide includes printable worksheets, survivor stories, a glossary, and a list of resources. <a href="https://www.sprc.org/resources-programs/surviving-suicide-loss-financial-guide">https://www.sprc.org/resources-programs/surviving-suicide-loss-financial-guide</a>

Suicide	After suicide loss (1st Ed.) (2)	Baughner, Bob & Jordan, Jack	2004	Book	Suicide touches the lives of thousands of people who must deal with the agony and mystery of this tragic phenomenon. In After Suicide Loss you are guided from the moment of personal impact. Most of all, from this profound and important work you will feel comforted and you will have hope. <a href="https://www.bobbaughner.com/after-suicide-loss">https://www.bobbaughner.com/after-suicide-loss</a>	
Suicide	Someone I love died by suicide: A story for child survivors and those who care for them	Cammarata, Doreen	2000	Grief Guidance, Inc	Book	This book is designed for adult caregivers to read to surviving youngsters following a suicidal death. The story allows individuals an opportunity to recognize normal grieving symptoms and to identify various interventions to promote healthy ways of coping with the death of a special person. Although the language used in the book is simplistic enough to be read along with children and ultimately stimulating family discussion, it can be beneficial to all who have been tragically devastated by suicide. It is recommended for this book to be utilized in conjunction with therapy. <a href="https://books.google.ca/books/about/Someone_I_Love_Died_by_Suicide.html?id=S1adQQAAAJ&amp;redir_esc=y">https://books.google.ca/books/about/Someone_I_Love_Died_by_Suicide.html?id=S1adQQAAAJ&amp;redir_esc=y</a>
Suicide	Suicide survivors handbook: A guide to the bereaved and those who wish to help them	Carlson, Trudy	2000	Benline Press	Book	Based on personal experience and extensive grief research, this practical compendium is filled with frank advice for fellow survivors. Dealing with the three major survivors issues (the question "Why?", anger over the event, and guilt) the book gives description of typical patterns in grief process and offers helpful steps to recovery. Chapters include dealing with others, handling holidays, and effects of death and tragedy on the family unit. Of special interest is a portion of one chapter devoted to grief issues of surviving children. <a href="https://www.goodreads.com/book/show/1538605.Suicide_Survivors_Handbook_Expanded_Edition">https://www.goodreads.com/book/show/1538605.Suicide_Survivors_Handbook_Expanded_Edition</a>
Suicide	Dancing with the skeleton	Derrek, Kirsten	1995	Centering Corporation	pamphlet	
Suicide	Living with grief after sudden loss: Suicide, homicide, accident, heart attack, stroke	Doka, Kenneth J	1996	Taylor & Francis	Book	This book discusses coping with feelings of grief and mourning after the sudden death of a family member or friend. Similarities and differences among survivors of victims of suicide, homicide, accident, heart attack, and stroke are specified. <a href="https://psycnet.apa.org/record/1996-98929-000">https://psycnet.apa.org/record/1996-98929-000</a>
Suicide	Do they have bad days in heaven? Surviving the suicide loss of a sibling	Linn-Gust, Michelle	2001	Cellethead Works	book	Do They Have Bad Days in Heaven? Surviving the Suicide Loss of a Sibling is the first comprehensive resource for sibling suicide survivors. Michelle Linn-Gust takes the reader through the personal experience of losing her younger sister Denise Linn and weaves in the available research for sibling survivors. Michelle also journeys sibling loss through the life span. No matter how old you are, you'll find valuable help in Do They Have Bad Days in Heaven? Michelle explains suicide, the grief process, and how sibling death impacts the brothers and sisters left behind. She adds practical advice for how sibling suicide survivors can help themselves. <a href="http://www.grievingchildrenlighthouse.org/~wwwgriev/index.php/component/k2/bad-days-in-heaven">http://www.grievingchildrenlighthouse.org/~wwwgriev/index.php/component/k2/bad-days-in-heaven</a>
Suicide	But I didn't say goodbye: Helping families after a suicide	Rubel, Barbara	1999	Griefwork Cntr, Inc.	book	Barbara Rubel's fictional characters in But I Didn't Say Goodbye are a compilation of what individuals may experience throughout their lifetime as a suicide loss survivor. But I Didn't Say Goodbye: Helping Families After a Suicide tells the story, from the perspective of an eleven-year-old boy, Alex, and his family, as they are rocked by suicide and reeling from the aftermath. Through Alex's eyes, the reader will see the transformation of feelings after going through a death by suicide. <a href="https://www.goodreads.com/book/show/50307826-but-i-didn-t-say-goodbye">https://www.goodreads.com/book/show/50307826-but-i-didn-t-say-goodbye</a>
Suicide	When someone you love completes suicide	Sexton-Jones, Sondra	2002	Centering Corporation	Booklet	Sondra Sexton-Jones' husband, Ray, died by suicide. In this supportive book, she shares her story, her grief and healing. You'll learn what to expect, what may happen, how you may feel. "It takes a long time to digest death, and in trying to do so, we are transmuted into new people, never again to be what we were, innocent from some of the horrors life throws our way. The pieces of my life's puzzle will never again fit together as they once did." <a href="https://www.abebooks.com/9781561230808/Survivable-When-Love-Completes-Suicide-1561230804/plp">https://www.abebooks.com/9781561230808/Survivable-When-Love-Completes-Suicide-1561230804/plp</a>
Suicide	An empty chair	Swan, Sara Miller	2000	Writers Cub Press	book	At least 30,000 people kill themselves in the United States alone, most leaving behind shocked siblings. Yet, too often, the grief and bewilderment of surviving siblings is simply ignored, leaving the bereaved siblings feeling even more abandoned. The accounts of siblings' experiences in this book are based on interviews with more than thirty people from all over the United States, as well as the author's own experience of losing a sister to suicide. Just as sibling relationships are varied and complex, so the feelings and experiences of sibling suicide survivors run a long and complex gamut from deep grief, to anger, to guilt, to relief. Often these feelings are intermixed. The survivors are often bewildered by the complexity of their feelings, including reactions that may seem shameful or inappropriate. These moving accounts will help other sibling survivors of sibling suicide see that they are not alone. No matter what their feelings and reactions are, there are others who have shared them. <a href="https://www.goodreads.com/book/show/756348.An_Empty_Chair">https://www.goodreads.com/book/show/756348.An_Empty_Chair</a>

Suicide	Suicide of a child	Wroblewski, Adina	2002 Centering Corporation	Pamphlet
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**The holdings below were listed in the old database but not found on site currently**

Caregiving	Creating moments of joy	Brackey, Jolene	2007 Purdue University Press	book	The central premise of this book is an appealing one for anyone who is dealing with a loved one who has dementia. It is that although we cannot give long-lasting weeks or months of happiness to our loved ones, because their memories do not allow it, we can give 'moments of joy' that create a lingering impression of happiness, and that these are enough to bring joy into their lives. <a href="https://dementia.network/book-review-creating-moments-of-joy-along-the-alzheimers-journey-a-guide-for-families-and-caregivers-by-jolene-brackey/">https://dementia.network/book-review-creating-moments-of-joy-along-the-alzheimers-journey-a-guide-for-families-and-caregivers-by-jolene-brackey/</a>
Caregiving	Final journeys: A practical guide for bringing care and comfort at the end of life	Callanan, Maggie and	2008 Bantam	book	For more than two decades, hospice nurse Maggie Callanan has tended to the terminally ill and been a cornerstone of support for their loved ones. Now she passes along the lessons she has learned from the experts—her patients. From supporting a husband or wife faced with the loss of a spouse to helping a dying mother prepare her children to carry on without her, Callanan's poignant stories illustrate new ways to meet the physical, emotional, and spiritual challenges of this difficult and precious time. She brings welcome clarity to medical and ethical concerns, explaining what to expect at every stage. Designed to be your companion, resource, and advocate from diagnosis through the final hours, Final Journeys will help you keep the lines of communication open, get the help you need, and create the peaceful end we all hope for. <a href="https://www.penguinrandomhouse.com/books/23034/final-journeys-by-maggie-callanan/">https://www.penguinrandomhouse.com/books/23034/final-journeys-by-maggie-callanan/</a>
Death of a child/pregnancy loss	Silent grief			Pamphlet	
Death of a child/pregnancy loss	Who lives happily ever after?: For families whose child has died violently	Turnbull, Sharon	2000 Centering Corporation	Book	description not available
Grief	After the funeral	Simone, Patricia Ann		pamphlet	
Grief	Grief guide and healing workbook	Alexander, Paul	2006 Centering Corporation	Book	Paul Alexander's concise and helpful writing on the grief process has been used for personal reflection as well as a model for an 8 week support group. Includes a beautiful guided imagery-meditation CD which supports the healing work in the workbook. <a href="https://shop.thegrieftoolbox.com/products/grief-guide-and-healing-workbook-guided-imagery-cd#.YcRB2vHMKT8">https://shop.thegrieftoolbox.com/products/grief-guide-and-healing-workbook-guided-imagery-cd#.YcRB2vHMKT8</a>
Grief	Grief recovery handbook, The: A program for moving beyond death, divorce and other devastating losses	James, John W & Friedman, Russell	1998 Harper Perennial	Book	Incomplete recovery from grief can have a lifelong negative effect on the capacity for happiness. Drawing from their own histories as well as from others', the authors illustrate how it is possible to recover from grief and regain energy and spontaneity. Based on a proven program, The Grief Recovery Handbook offers grievers the specific actions needed to move beyond loss. <a href="https://www.goodreads.com/book/show/421848.The_Grief_Recovery_Handbook">https://www.goodreads.com/book/show/421848.The_Grief_Recovery_Handbook</a>
Grief	Griefwalker - Stephen Jenkinson	Wilson, Tim	National Film Board of Canada	Video	This documentary introduces us to Stephen Jenkinson, once the leader of a palliative care counselling team at Toronto's Mount Sinai Hospital. Through his daytime job, he has been at the deathbed of well over 1,000 people. What he sees over and over, he says, is "a wretched anxiety and an existential terror" even when there is no pain. Indicting the practice of palliative care itself, he has made it his life's mission to change the way we die - to turn the act of dying from denial and resistance into an essential part of life. <a href="https://www.nfb.ca/film/griefwalker/">https://www.nfb.ca/film/griefwalker/</a>

Grief	I wasn't ready to say goodbye: Surviving, coping and healing after the sudden death of a loved one	Noel, Brook & Blair, Pamela	2008 Sourcebooks, Inc	Book	In this book that will touch, comfort, uplift and console, the authors explore sudden death and its role in the cycle of life. Tapping the personal histories of both authors and numerous interviews, I Wasn't Ready to Say Goodbye shows grieving readers how to endure, survive and grow from the pain and turmoil surrounding human loss. For survivors this valuable book provides a rock-steady anchor from which to weather the storm of pain and begin to rebuild their lives. <a href="https://www.goodreads.com/en/book/show/49327">https://www.goodreads.com/en/book/show/49327</a>
Grief	Time to mourn, a time to dance, A: Help for the losses in life	Metzgar, Margaret	2003 Thrivent Financial	Pamphlet	Covering a variety of situations including death, divorce, aging, and unemployment, this compassionate guide provides practical methods for dealing with grief during any stage. Included is important information about how to help others with their grief as well as a listing of support resources. <a href="https://www.goodreads.com/en/book/show/2282019">https://www.goodreads.com/en/book/show/2282019</a>
Grief	Undying love	Steiger, Brad & Steiger, Sherry Hansen	1992 Berkeley Books	Book	Dramatic, touching, true stories that prove love conquers all ... including death itself--from the authors of Hollywood and the Supernatural. Here are documented, first-person accounts of life from the Other Side, where the dearly departed leave messages of love for those they've left behind. <a href="https://books.google.ca/books/about/Undying_Love.html?id=jTGLAZB2UYYC&amp;redir_esc=y">https://books.google.ca/books/about/Undying_Love.html?id=jTGLAZB2UYYC&amp;redir_esc=y</a>
Grief - child	What do I do now? When death impacts your school: A guide for school administrators		2000 The Dougy Center	Pamphlet Book	A valuable resource for school personnel who are faced with a death or tragedy in their school community. This guidebook includes suggestions for how schools can help students—by addressing concerns, organizing memorials and offering support. It also includes instructions for developing a school intervention plan after a death, how to address issues related to suicide and violence and how to know when outside help is needed. <a href="https://dougybookstore.org/products/when-death-impacts-your-school-a-guide-for-school-administrators">https://dougybookstore.org/products/when-death-impacts-your-school-a-guide-for-school-administrators</a>
Clinical	Grief and bereavement in the adult palliative care setting	Strada, E Alessandra	2013 Oxford University Press	Book	<i>Grief and Bereavement in the Adult Palliative Care Setting</i> provides practical, evidence-based, and clinically effective approaches to understanding the multifaceted nature of grief and bereavement in patients with advanced illness and their caregivers. This handbook is an ideal tool for palliative care providers of various disciplines who provide direct clinical services to patients and family members. It assists clinicians in recognizing and identifying grief reactions as unique expressions of patients and caregivers' history and psychological functioning. <a href="https://books.google.ca/books/about/Grief_and_Bereavement_in_the_Adult_Palli.html?id=YAhpAgAAQBAJ&amp;redir_esc=y">https://books.google.ca/books/about/Grief_and_Bereavement_in_the_Adult_Palli.html?id=YAhpAgAAQBAJ&amp;redir_esc=y</a>
Grief - holidays	Holiday hope: Remembering loved ones during special times of the year		1998 Fairview	Book	A compilation of advice, stories, poems, activities and music for coping with grief during holidays. <a href="https://www.goodreads.com/book/show/2326039.Holiday_Hope">https://www.goodreads.com/book/show/2326039.Holiday_Hope</a>
EOL	I'm here to help: A guide for caregivers, hospice workers, and volunteers	Ray, M Catherine	1992 Bantam	Book	A brief volume containing helpful material about communication, self-awareness and family dynamics in the hospice environment. Written for hospice workers. <a href="https://www.goodreads.com/book/show/43364112-i-m-here-to-help">https://www.goodreads.com/book/show/43364112-i-m-here-to-help</a>
Illness	I'm with you now: A guide through incurable illness for patients, families and friends	Ray, M Catherine	1997 Bantam	Book	First and foremost, she emphasizes, ""incurable"" is not the same as ""terminal."" Just because you have an illness, doesn't mean that you can't live with it, perhaps for a long time. That said, she outlines the life changes encountered by those diagnosed with incurable diseases. Dispersed throughout are first-person vignettes illustrating patients' and caregivers' common frustrations and triumphs. <a href="https://www.publishersweekly.com/978-0-553-37801-6">https://www.publishersweekly.com/978-0-553-37801-6</a>
Spiritual	Tuesdays with Morrie	Albom, Mitch	1997 Broadway Books	Book	Maybe it was a grandparent, or a teacher or a colleague. Someone older, patient and wise, who understood you when you were young and searching, and gave you sound advice to help you make your way through it. For Mitch Albom, that person was Morrie Schwartz, his college professor from nearly twenty years ago. Maybe, like Mitch, you lost track of this mentor as you made your way, and the insights faded. Wouldn't you like to see that person again, ask the bigger questions that still haunt you? Mitch Albom had that second chance. He rediscovered Morrie in the last months of the older man's life. Knowing he was dying of ALS - or motor neurone disease - Mitch visited Morrie in his study every Tuesday, just as they used to back in college. Their rekindled relationship turned into one final 'class': lessons in how to live. <a href="https://www.goodreads.com/book/show/6900.Tuesdays_with_Morrie">https://www.goodreads.com/book/show/6900.Tuesdays_with_Morrie</a>
Spiritual	Bereavement and spirituality	Holtkamp Sue		Bereavement Publications pamphlet	
Spiritual	Caring across cultures	various	2002	book	

Suicide	Dying to be free	Cobain, B. and Larch, J.	2006 Hazeldean	book	It seems there are many grief-worthy events in our lives this season. Those who have survived the loss of loved ones to suicide, unexpected illness, violence, and deaths of despair offer guidance for these painful and confusing times. Honest, gentle advice for those who have survived an unspeakable loss—the suicide of a loved one. Surviving the heartbreak of a loved one's suicide - you don't have to go through it alone. Cobain and Larch break through suicide's silent stigma in <i>Dying to Be Free</i> , offering gentle advice for those left behind, so that healing can begin. <a href="https://www.simonandschuster.com/books/Dying-to-Be-Free/Beverly-Cobain/9781592853298">https://www.simonandschuster.com/books/Dying-to-Be-Free/Beverly-Cobain/9781592853298</a>
Suicide	Touched by suicide: Hope and healing after loss	Meyers, Michael F & Fine, Carla	2006 Gotham Books	Book	Whether you are struggling with fresh grief at a loved one's death by suicide or your loss happened years ago, you should know that you are not alone. 5 million Americans are affected "directly or indirectly" by this tragedy each year. And it sends us on a lifelong search for answers, both to the practical questions and the deepest question of all: Why? In this definitive guide book, Michael F. Myers, MD, a leading psychiatrist, and Carla Fine, author of the acclaimed <i>No Time to Say Goodbye: Surviving the Suicide of a Loved One</i> , combine their perspectives as a physician and a survivor to offer compassionate and practical advice to anyone affected by suicide. <a href="https://www.goodreads.com/en/book/show/522509">https://www.goodreads.com/en/book/show/522509</a>
Spiritual	Invitation, The	Oriah	1999 Harper One	Book	<i>The Invitation</i> has been embraced around the world, passed along by thousands who have discovered and treasured its message. In this lovely gift book the author speaks from the heart, reflecting on everything from desire to betrayal and offering practical - and often surprising - suggestions for how to live the ecstasy of everyday life, learn to recognise true beauty in ourselves and the world around us, and how to find the sustenance that our spirit longs for. <a href="https://www.harpercollins.ca/9780062515841/the-invitation/">https://www.harpercollins.ca/9780062515841/the-invitation/</a>
	Not just another day	Throckmorton, Missy Lowery	1992 Centering Corporation	Pamphlet	
	On loss Step by step	Bielen, J	2002 Stewart House Thrivent Financial	Book Pamphlet	