RITUALS FROM HOME

Funerals, celebrations of life, burials and other rituals are common ways to honour and say goodbye to a person who has died. Due to the COVID-19 pandemic, these rituals and ceremonies are not able to be held. Here are some ways you are able to honour the life of the person who has died from your home.

HOW TO PREPARE

Even though the ceremony or rituals will be performed from home, many of the same aspects can still be included.

- Gather any readings that you wish to read
- Select pieces of music that are meaningful to you
- Choose a date and time for the ceremony or ritual
- Notify friends and family of the home ceremony and how they can join in virtually

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RITUAL/CEREMONY

- Gather by yourself, or with your household, set up the virtual platform if you're using one (Skype, Zoom, etc.)
- Listen to a piece of music that you selected
- Choose someone to read the readings
- Share memories together as a group or if you are alone, you could write stories and memories in a journal
- Say thank you for being fortunate enough to have experienced life together
- Say goodbye to the person who died
- Listen to another piece of music
- Add whatever else you would like to do during the ritual or ceremony

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Grief only exists where love lived first. – Franchesca Cox

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