



**Sharing the Knowledge in Hospice Palliative Care**  
 Friday, September 26th & Saturday, September 27th, 2014 • 8:30 AM to 4:30PM  
 Truro, Nova Scotia

## Agenda:

### Friday, September 26, 2014

### Saturday, September 27, 2014

9:00 **Registration**

9:30- **Trauma and Traumatic Grief in the context of death and dying**

Stand alone Fee: \$50  
**Deborah Levans**, Social Worker, Beth Israel Deaconess Medical Center Boston, MA

The workshop will begin by setting the broader context of the definition of trauma followed by an exploration of North American grief culture and narratives. Within the backdrop of the larger cultural lens, differences in how individuals, families and communities respond to dying and death trauma will be addressed.

12:00 Lunch Break on your own

1:30- **Self Care Workshop**

Stand alone Fee: \$50  
 Leslie MacLean, Advance Practice Nurse & Project Manager, CDHA

Self Care is particularly important for caregivers, who are at greater risk for burnout and compassion fatigue. The nature of life is that stressors arise. Self Care strategies can help us be more resilient when faced with stress. It can also help reduce the physical and emotional impact stress has on us.

4:30 Supper on your own

7:00 pm **Wine & Cheese Social:** Hospice Centre  
 Join us at our new Hospice Centre located at 89 Queen Street, Truro. Catch up with you colleagues and enjoy some down time.

8:00 **Registration**

8:30 **Welcome**

8:32 **Toward an Integrated Framework in Hospice Palliative Care for Nova Scotia**  
 Paula M. English, Chief, Program Standards & Quality, Department of Health and Wellness

9:00 **End of Life Care for Stroke Patients**  
 Dr. Gord Gubitza, Dalhousie University

10:00 Nutrition Break

10:15 **Borderline Personality Disorder in Patients and Families in palliative care:**  
 Dr. Ron Fraser, McGill University

11:45 Light Lunch

12:30 **Perspectives on Hope**  
 Leslie MacLean, Capital Health Clinic Ethics Consultation Service, & Christy Simpson, Dept. of Bioethics, Dalhousie University

1:40 **Pain Management**  
 Dr. David Henderson, Director of Palliative Medicine  
 Lisa Wilson, Palliative Consult Nurse, CEHHA

2:40 Break

3:00 **The Business of Dying:** a panel discussion including clergy, social worker, funeral director, co-op funeral home

4:00 Door Prize Draw (must be present) and Closing remarks



## SHARING THE KNOWLEDGE -CONFERENCE REGISTRATION

FRIDAY & SATURDAY ● SEPTEMBER 26TH & 27TH, 2014

Register by scanning this form and emailing to [info@cehhospice.org](mailto:info@cehhospice.org) with Conference Registration in the subject line or fax (902) 893-4485 or by mail. Please ensure that a copy of this form accompanies your payment when mailing registration fee.

- |                          |                                                                                                                                                                                                                                             |                |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| <input type="checkbox"/> | <b>Pre-Conference Workshop #1: Trauma &amp; Traumatic Grief</b><br>Presenter: Deborah Levans<br>Friday, September 26th at 9 am                                                                                                              | <b>\$ 50</b>   |
| <input type="checkbox"/> | <b>Pre-Conference Workshop #2: Understanding Compassion Fatigue</b><br>Presenter: Leslie MacLean<br>Friday, September 26th at 1:30 pm                                                                                                       | <b>\$ 50</b>   |
| <input type="checkbox"/> | <b>Interest Group Meetings:</b><br>Friday, September 26, 2014<br><i>*interest groups will only take place if there is confirmed participation</i><br>Please contact us if you would like to <u>host</u> or <u>attend</u> an interest group. | <b>\$ free</b> |
| <input type="checkbox"/> | <b>Wine &amp; Cheese Social: Hospice Centre</b><br>Friday, September 26th, 2014 at 7:00 pm at 89 Queen Street, Truro, NS                                                                                                                    | <b>\$ free</b> |
| <input type="checkbox"/> | <b>Full Day Conference:</b> Saturday, September 27th, 2014<br>8:30 am – 4:30 pm<br>(see attached agenda)                                                                                                                                    | <b>\$ 140</b>  |
| <input type="checkbox"/> | <b>Sign me up for EVERYTHING:</b> save \$40!<br>Register for both Friday workshops and the full day conference on Saturday                                                                                                                  | <b>\$ 200</b>  |

**Total Payment Amount: \$ \_\_\_\_\_**

### Registrant Contact Information:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/Province/PostalCode: \_\_\_\_\_  
 Email Address\*: \_\_\_\_\_

Important for receiving updated conference info including access to online presentations and any time or location changes

### **Please include your cheque or money order with this form and mail to:**

Colchester East Hants Hospice Society      Email: [info@cehhospice.org](mailto:info@cehhospice.org)  
 89 Queen St.      Phone: 902-893-3265    Fax: 902-893-4485  
 Truro NS B2N 2B2

### **Pay by credit card:**

Please charge the total payment of \$ \_\_\_\_\_ to my credit card:

Card Number: \_\_\_\_\_ Expiry: \_\_\_\_\_ Security Code: \_\_\_\_\_

**Group Registration:** If you are registering a group of people, please provide us with a list of names.

[www.cehhospice.org](http://www.cehhospice.org)